The Village
AT PENN STATE

NEWS & VIEWS

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PSU Homecoming Parade













We had a great time at the Penn State Homecoming Parade! Such a fun day filled with school spirit, and memories. We Are! 💙🤍🦁



RAINFALL/SNOWFALL AT THE VILLAGE



by Peter P.

September	Rain	October	Rain
17	0.01	11	0.61*
18	0.32	12	1.26*
20	0.83		
21	0.15		
22	1.64		
23	0.34		
28	0.17		
29	0.01		
September Total	7.63	Total	5.34

NOTES: The Mid Appalachian Dry Period, normally October, got off to a rather wet start this year: Remnants of Hurricane Isaias passed right over State College, giving the Village 1.87 inches of rain. The very wet weather the past six months resulted in a great deal of foliage, so bush and tree colors should be brilliant later this month.

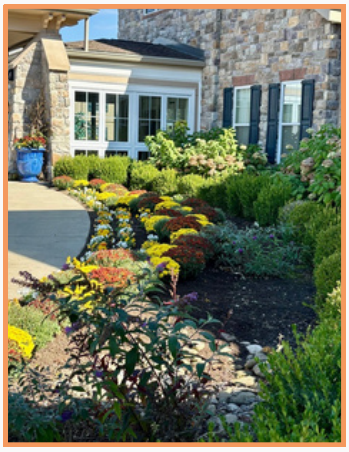
Welcome Autumn

















A beautiful autumn day at The Village! 🍂🎃

Poetry Corner

Warning

By Jenny Joseph

When I am an old woman I shall wear purple
With a red hat that doesn't go, and doesn't suit me.
And I shall spend my pension on brandy and summer gloves
And satin sandals, and say we've no money for butter.
I shall sit down on the pavement when I am tired,
And gobble up samples in shops and press alarm bells,
And run my stick along the public railings,
And make up for the sobriety of my youth.
I shall go out in my slippers in the rain
And pick the flowers in other people's gardens,
And learn to spit.

You can wear terrible shirts and grow more fat,
And eat three pounds of sausages at a go,
Or only bread and pickle for a week,
And hoard pens and pencils and beer mats and things in boxes.

But now we must have clothes that keep us dry,
And pay our rent and not swear in the street,
And set a good example for the children.
We will have friends to dinner and read the papers.

But maybe I ought to practise a little now?
So people who know me are not too shocked and surprised,
When suddenly I am old and start to wear purple!

Submitted by Barbara Van Horn
--- from The Poetry Circle

Cooking Class









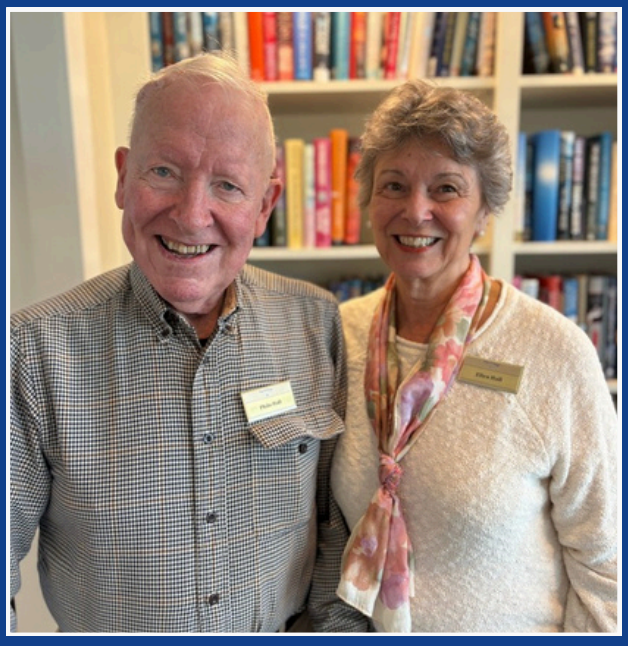


Aprons on! Residents joined Sous Chef Renee for another fun cooking class and learned how to make chicken enchiladas. 👩‍🍳

WELCOME NEW RESIDENTS!



Frank & Ann Rocco, W410



Philo & Ellen Hall, W501

Harvest Fest

















We couldn't have asked for a more beautiful day for Harvest Fest! Residents enjoyed roasting hot dogs, making s'mores, and spending time with the adorable animals at the Snuggles & Snouts petting zoo. A special thank-you to Don for tending the fire and helping make the day extra special, as always!

PSU Tailgate











Our Resident Tailgate Committee hosted a PSU vs. Michigan watch party with residents bringing food to share!

RECYCLING ROUNDUP

Plastic Bags: Startling Facts

- The world uses approximately 5 trillion plastic bags a year. (Five trillion. Your eyes are not deceiving you.)
- Americans use an average of 365 plastic bags per person per year. People in Denmark use an average of 4 bags per year.
- Plastic bags do not break down in the environment. They break up, instead, into microplastic and nanoplastic particles that penetrate every corner of the environment and contaminate food, water and soil. (One estimate indicates that by 2050 there will be more plastic than fish in the sea.)
- Globally, fewer than 10% of plastic bags are ever successfully recycled. The vast majority end up in landfills, incinerators and bodies of water.

"VILLAGERS," HOW CAN WE HELP?

- Planning to shop for food sometime this week? Take one or two of your own cloth or polystyrene bags. Supermarket cashiers will gladly pack your purchases into your own bags.
- If you must use plastic bags when shopping, be aware that each of the 4 recycling/trash rooms in the East and West apartment buildings has a basket in which clean plastic bags may be recycled. The bags are collected by members of the Resident Recycling Committee and taken to Giant, Wegmans or Walmart, each of which has an active plastic bag recycling program.

Recycling, make it a habit!

Jim Tate
Resident Recycling Committee Chair
814-954-8990 tateiv6@verizon.net



NOVEMBER 2026

NOVEMBER IS:
Diabetes Awareness Month
Lung Cancer Awareness Month

DOCTOR'S IN
Advanced Regional Center for Ankle/Foot Care, call Amanda to schedule, 814-225-1418 (tell her you are from VPS)
Albrecht Audiology, 814-867-4327

LABORATORY HOURS
Lab will be here Mondays and Thursdays from 8:00 - 8:15am

"THE NURSE IS IN" HOURS
Monday - Friday
9:00 - 11:00 am
By appointment as needed

The podiatrist will be here November 19th from 8:30-3:30 in the Salon. Massage therapy will be here in November 16th and 17th from 9-12 in the Doctors Office.
Albrecht Audiology will be here the 2nd Wednesday of each month, November 11, in the Doctor's Office.
Dr. Bethaney Tessitore will be on site. She can be seen for consultations, hearing aid clean and checks, hearing aid programming adjustments, and pairing hearing aids with phones. Please call the office at 814-867-4327 to schedule your appointment.

Meet Kristin Krause, Interim Resident Fitness Coach



Hello! My name is Kristin Krause, and I am thrilled to be your Interim Resident Fitness Coach!

I am a Board-Certified Health and Wellness Coach with extensive training and experience in group fitness and personalized health coaching. I'm excited to continue the classes you already know and love, while bringing some new ideas, experiences, and ways to stay active and healthy, to the community!

I'm a proud Penn State alumna and live in State College with my husband. Fun fact: My father-in-law is a resident at The Village! That makes this community especially meaningful to me, and I'm excited to get to know all of you.

I look forward to sharing my passion for health, fitness, and wellness with you!

PAWSitivty PAW!



Our most recent winner is: Lea, Atrium CNA

