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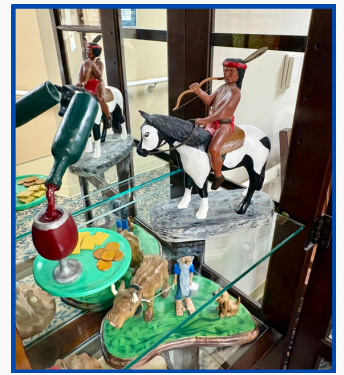
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Aces Acres/Display Case



Thank you to Don Ace for his love of all things beautiful ~ creating a lovely space for residents to grow vegetables and flowers in addition to creating wonderful works of wooden art (currently displayed on the 1st floor commons display case)

Join the Pride!



Retire to Where it All Began.

RAINFALL/SNOWFALL AT THE VILLAGE

by Peter P.



<u>June</u>	<u>Rain</u>	<u>July</u>	<u>Rain</u>
17	0.03	5	0.22
18	0.06	6	3.65
23	0.71	7	0.39
26	0.96	9	0.01
27	0.26	10	1.84
28	0.30	Total	8.94
29	0.51		
June Total	4.43		

NOTE: Locally, nearly 9 inches of rain fell upon our village; this was very localized. Two short lines of thunderstorms moved from the north late July 5th and during our attendance at the State College Arts Fest early afternoon July 10th. From the first storm, most of the 3.65 inches fell during a 1 1/2 hour period. During the Arts Fest, the 1.84 inches fell entirely within a half hour. It seems even higher amounts occurred downtown, where the Arts Fest was. Indeed, that was NOT the rainiest Arts Fest we have participated in; an even more intense 3-hour rain fell during our participation 8 years ago; most displays were heavily damaged and street and sidewalk flooding was sufficiently severe to knock some people over and bordered on being truly dangerous. Intense rain, then, didn't abait or stop until the moment the bus came to pick us up.

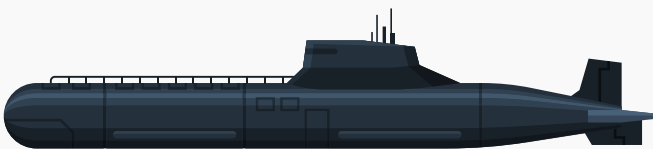
In overview; a very severe drought is proceeding along the entire Atlantic coast area, from northern Florida northeastward through Bangor Maine. Drought conditions are currently listed as "profound" and "long term" through most of the Carolinas and southern Virginia. Southeastern and eastern Pennsylvania, from Harrisburg and Williamsport PA and eastward, are affected. Immediately to the west, our area, rainfall has been quite abundant.

Vital Rehab



Dr. Mitchell Straub, PT, Board-Certified Geriatric Clinical Specialist and owner of Vital Rehab and Wellness shared information on movement, sleep, and daily routines that protect memory, mood, and cognitive function.

Life on a Submarine



Nelson shared his fascinating experiences of "Living Underwater, Life on a Submarine."

Poetry Corner

Untitled Poem By Frank Ormsby

Remind me, if you can.
how often I lost my thread today,
stopping in the silence
after what I had said
and before what I intended.
My memory is a needle's eye.
Too much to ask that it recover
the day's lost connections.
How much of what I knew
has been deflected already
into the darkness
from which it will not return?
I hoard what I have and coax
what I can
of a language that disappears
daily.
I am loath to let it go,
quick to locate its absence
on the tip of my tongue.
I strive to make sense
around emptying spaces
and your extravagant gestures.
So remind me if you can
how often I lost my thread today.
Start me with half a sentence,
draw the thread through.

—submitted by Barbara Van Horn

RECYCLING ROUNDUP

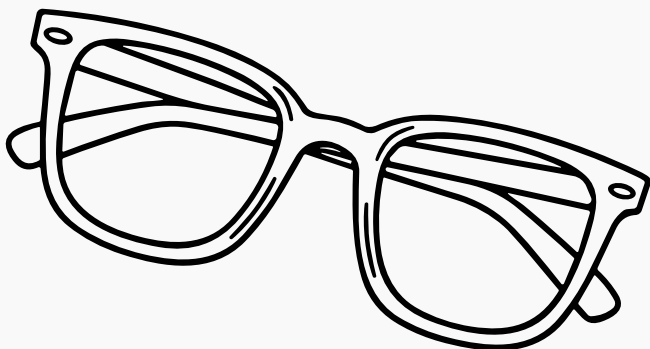
WHAT DO I DO WITH UNWANTED EYEGLASSES?

YOU RECYCLE THEM RIGHT HERE IN THE VILLAGE!

Next to the elevator on the ground floor that residents use to go up to the dining room or go down from the 3rd floor to use the exercise rooms, wellness office, gift shop, etc. is an office used occasionally by visiting physicians, phlebotomists and therapists. Inside the waiting room is an easily accessed collection box for no-longer-wanted eyeglasses and hearing aids. The room is open virtually 24/7. Just pop in, drop in and pop out! All eyeglasses are acceptable, whether you bought them from an optician or at a Dollar General store. Sunglasses and clear-lens glasses, too. Eyeglasses and hearing aids do not have to be in perfect condition. Cases are accepted. Our collection program is in conjunction with a Lions Club chapter in Centre County, which has established operations that clean, calibrate, repair and categorize the glasses. The Village Recycling Committee takes the glasses to the Lions Club drop box. The final destination of the Lions Club glasses is developing countries where they are distributed to adults and children in need during eye-care missions.

“Pop in, drop in, pop out.”

Jim Tate, Member, Village Resident Recycling Committee



Pollinators, Plants and People



Christina Grozinger is the Publius Vergilius Maro Professor of Entomology, director of the Huck Institutes of the Life Sciences, and founding director for the Center for Pollinator Research and Insect Biodiversity Center at PSU. Her Discussion focused on the intertwined relationship between pollinators, plants and people, and how the Huck Institutes of the Life Sciences is designed to create and grow the collaborative networks needed to support research that turns fundamental discoveries into real-world impact.

WELCOME NEW RESIDENTS!



Judy Ikenberry, W304

America 250!



The Village's week-long America 250 celebration began with a birthday bash which included entertainment, hot dogs/homemade chips and lots of fun. Other activities included a Historic Bellefonte tour with Matt from Local Historia; A history discussion on some of the early periods of military history, specifically relating to Pennsylvania's contributions with David Rosendale, a volunteer at Boalsburg Military Museum; a presentation by Resident Elliot Abrams on how weather saved the Revolutionary War and Amy Greenberg, Head of the PSU History Department finished out the week with a lecture on "Forming a More Perfect Union: How Thirteen Colonies became the United States." The final event was a Patriotic Trivia game led by Megan Stroup of Home Instead. We had 4 very competitive teams, with the winners being the "PIRATES" (Peggy Agneta, Jim Beckman, Jill Auguston and Owen Bowser) Thank you to everyone who helped throughout the week and those who attended all the programs!

America 250!



AUGUST IS:
UV Safety Month

DOCTOR'S IN
Advanced Regional Center
for Ankle/Foot Care, call
Amanda to schedule, 814-
225-1418 (tell her you are
from VPS)
Albrecht Audiology,
814-867-4327

LABORATORY HOURS
Lab will be here
Mondays and
Thursdays from 8:00
- 8:15am

**"THE NURSE IS
IN" HOURS**
Monday - Friday
9:00 - 11:00 am
By appointment
as needed

Dr. Miglani, the podiatrist will be here August 3 & 31 from 12-6pm. Massage therapy will not be here in August. Albrecht Audiology will be here the 2nd Wednesday of each month, August 12, in the Doctor's Office.

Dr. Bethaney Tessitore will be on site. She can be seen for consultations, hearing aid clean and checks, hearing aid programming adjustments, and pairing hearing aids with phones. Please call the office at 814-867-4327 to schedule your appointment.

Meet Alexis Valimont, Bistro/Main Dining Room Server and Assistant Supervisor



Hi, I'm Alexis! I've had the pleasure of working at the Village for the past nine years. If you've spent time in the dining room or bistro, chances are you've seen me serving, hosting, expediting, or supervising.

While I've loved my time here, my true passion is teaching. I graduated from Penn State in 2024 with my teaching degree and four minors, and I'm excited to hopefully have a classroom of my own in the near future.

One of the best things the Village gave me was introducing me to my husband! We got married May 25, 2025, and recently purchased our first home together. I'm so grateful for the memories and friendships I've made here, and I'm excited to see where the next chapter takes me!

PAWSitivity PAW!



Our most recent winner is: Barb,
Driver

