

IN THIS ISSUE

Page 2

Birthdays
Rain/Snowfall

Page 3

Afternoon Tea
Healthy Aging
Poetry Corner
Meet Aidan Scheer

Page 4

Brain Awareness Week

Page 5

Bubble Tour
Potluck Dinner

Page 6

Resident Council Election

Page 7

Bulletin Board
PAWSitivity PAW
Blood Drive

Editors

Kim McGinnis
Josh Gardner

Photographers

Kim McGinnis
Jana Henderson
Josh Gardner
Libby Black
Henrietta Baylor
Ellen Corbin

Contributors

Kim McGinnis
Josh Gardner
Jamie Hayward
Peter Parke
Aidan Scheer
Jackson Krupnick

St. Patrick's Day



Join the Pride!



The Village
AT PENN STATE

Retire to Where it All Began.

RAINFALL/SNOWFALL AT THE VILLAGE

by Peter P.



<u>February</u>	<u>Melted</u>	<u>Ice</u>	<u>Snow</u>	<u>March</u>	<u>Melted</u>	<u>Ice</u>	<u>Snow</u>
16	0.10			4	0.27	0.1	
20	0.48			5	0.30		
23	0.27		2.7	6	0.65		
25	0.02		0.2	7	0.01		
				12	0.08		
February Total	0.87		2.9	Total	2.78	0.1	2.9

Notes: Showers and thunderstorms in this area ameliorated our excessively dry winter a little. Two violent hurricane-blizzards dropped a yard of snow, one along the east coast on February 24 and another across the Great Lake Basin on March 15th. Neither had any effect, whatsoever, on the Village at Penn State. Normally, May and June are quite wet here; such a situation would be of great help this year.

Afternoon Tea



Nothing better than tea,
treats, and good friends on
a Saturday afternoon.

Healthy Aging



Residents enjoyed a wonderful
lecture by Patrick Drew, associate
director of the Huck Institutes of
the Life Sciences at Penn State.

Poetry Corner

LONE DOG By Geoff Godbey

Lone dog of memory
white road
no master
but some old longing.

Evening slowly
coming to its senses.

A first yellow star
in the dark blue heaven

happy without trying.

Meet Aidan Scheer, Fitness Intern



Hi, my name is
Aidan Scheer, and I
serve as the
Fitness Intern at
The Village. I am
currently a senior
at Penn State
studying
Kinesiology.

Originally from West Chester,
Pennsylvania, I enjoy watching football,
playing soccer, and spending time playing
video games. I have truly enjoyed my
semester working at The Village and
appreciate the opportunity to work with
such a wonderful group of residents. I
look forward to continuing to support and
engage with everyone in the community.

Brain Awareness Week



The week began with a Brain Healthy Snacks Social on Monday. On Tuesday, residents toured the MRI Lab and attended a neuroscience lecture by Dr. Laurel Seemiller. Mid-week featured a lecture on “Emerging Trends in Alzheimer’s Treatment & Diagnostics.” Thursday included a Body, Brain, and Balance exercise class, along with a Q&A session with experts from the Penn State Eberly College of Science. The week concluded with Music Bingo led by Megan Stroup from Home Instead, combining familiar songs with gameplay to enhance memory and connection.

Bubble Tour



Residents received a personalized tour and information about PSU's new indoor bubble, presented by Dan Sowash, the Facilities Coordinator.

Potluck Dinner By Pat Snyder

At the potluck dinner 110 residents came to eat

That was what made it really neat

What a tasty meal

What a great deal

Each dish was delicious and eating it was a lot of fun

Not only was it delicious but it was well done

There was shrimp and some beef
With so much food there was no relief

The desserts were delicious, you wanted more

A baklava from Turkey and a small candy piece, this is what you waited for

The organization created an orderly atmosphere

It made for a relaxing dinner without fear

Wouldn't it be nice if every dinner would be this good

It would put you in a happy mood

Can't wait until next year for the potluck dinner

I am going to do a lot of dieting so that I am thinner

And I am sure the food will be better next year

See you there, Dud

GET THE VOTE OUT!

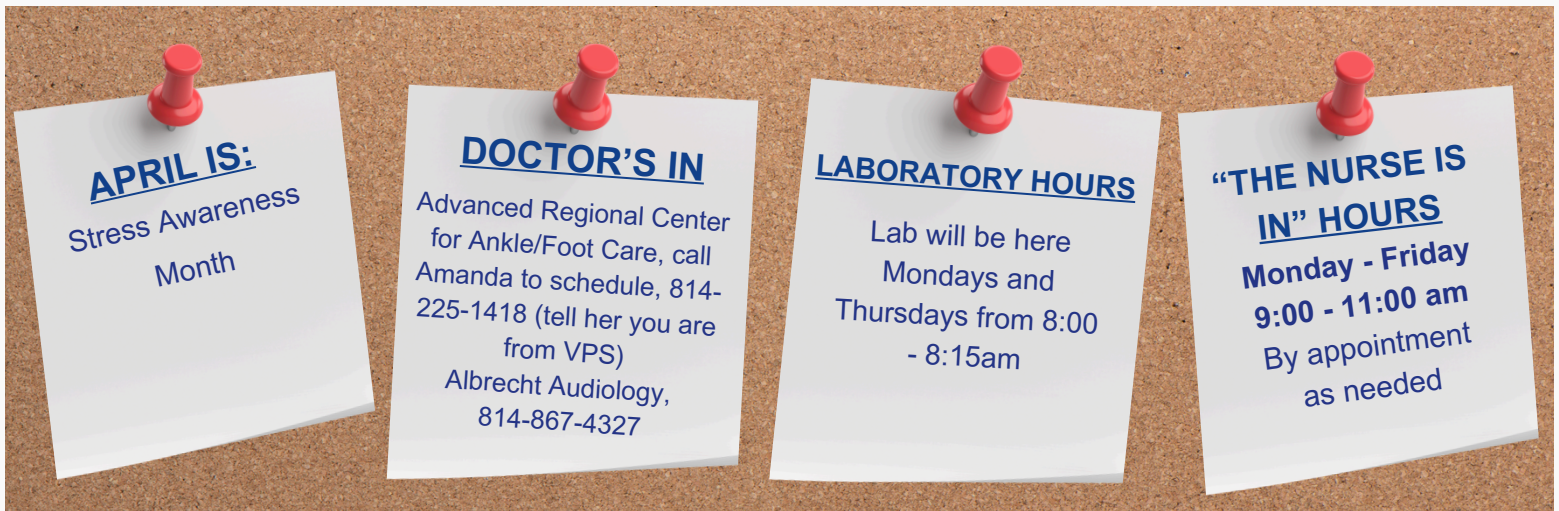
ATTENTION ALL RESIDENTS

The Resident Council Ballot will be placed in your Cove Box. You must complete it and put it in the Election Box at the Receptionist Desk. One Ballot per resident is to be completed. Election winners will be announced on April 13.

The final day for nominations was March 21. Election Begins on March 26 and runs through April 7.

The nominees are below:





Dr. Miglani, the podiatrist will be here April 27 from 1-6pm. Massage therapy for April is the 13 and 14 from 9am-3pm Albrecht Audiology will be here the 2nd Wednesday of each month, April 8, in the Doctor's Office.

Dr. Bethaney Tessitore will be on site. She can be seen for consultations, hearing aid clean and checks, hearing aid programming adjustments, and pairing hearing aids with phones. Please call the office at 814-867-4327 to schedule your appointment.

Uhring's Audiology will be here on April 27 from 9-11am, in the doctors office. Robin Cooke, Hearing Instrument Specialist will be offering free cleanings. Contact Jamie in wellness at 814-235-8904 to schedule an appointment.

Blood Drive in CR on April 23rd

Must sign up by calling
Jamie in wellness at
814-235-8904.



Help save lives. Give blood.



PAWSitivity PAW!



Our most recent winner is:
Jackson, Dining

