



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 All Day Ping Pong - LD 8:30 Transportation to Church 1:30 PSU Men's Basketball vs Buffalo 2:00 Sunday Movie: "Tora! Tora! Tora!" - CR	2 1:00 Library Committee - L 1:15 Shopping at Weis/Giant 1:30 CR Reserved (SJ) - CR 2:00 First Monday Knitting Group - AR 6:00 PSU Lady Lion Basketball vs St. John's 6:30 PSU Lady Lion Basketball vs St. John's 7:30 Poker - AR	3 10:00 Marketing Ambassadors - LD 12:45 Grocery Shopping @ Wegmans/Walmart 12:45 Duplicate Bridge - LD 1:00 Social Bridge - AR 2:00 Tuesday Movie: "Deck the Halls" - CR 4:30 Social Hour - CL 7:00 Samara Joy A Joyful Holiday Featuring The McLendon Family	4 9:00 Writing Holiday Cards for our Atrium/PC friends - AS 2:00 Trivial Pursuit - LD 3:00 Church Services - CR 7:00 Take Note Christmas Concert (ladies from Huntingdon) - CR	5 8:00 "Early Birds' go to Wegmans 8:00 AR reserved for studio art time - AR 10:30 Roundtable w/Dr. Ferro - CR 1:00 Mah-Jongg - AR 1:00 CR Reserved (AP) - CR 5:30 PSU Men's Basketball vs Purdue 6:00 PSU Men's Basketball vs Purdue	6 10:00 Residents' Council Agenda Setting - LD 10:30 CR reserved (CH) - CR 10:30 "Incognitum, Mastodon, Frankenstein! The rocky relationship between science and the American Mastodon" - CR 12:45 Duplicate Bridge - LD 1:00 Social Bridge - AR 4:30 Happy Hour - CL	7 All Day Ping Pong - LD 9:45 Bellefonte Holiday Bash 12:30 PSU Lady Lion Basketball vs Indiana 1:00 Winter Craft Market 3:30 Musical Interludes: Luke Selker - CR
8 All Day Ping Pong - LD 8:30 Transportation to Church 12:30 Nittany Valley Figure Skating Club's 2024 Happy Holidays Ice Show 2:00 Sunday Movie: "Captain Phillips" - CR 3:30 Mosaic: PSU SOM's popular student showcase 6:30 Christmas Carolling with SC Presbyterian Church - CR	9 8:30 Total Body Circuit - LD 9:15 Beginner Drum Fitness - LD 9:15 Healthy Aging Lecture: On the Road for Better Health: LION Mobile Clinic 10:00 Water Fitness - P 10:00 Everyone Talking - AR 11:00 Resident Council Meeting - CR 1:00 Balance Basics - ER 1:15 Shopping at Weis/Giant 1:30 CR Reserved (SJ) - CR 1:30 Chair Yoga - ER 3:30 Uber/Lyft App Training - AR 7:30 Poker - AR	10 8:30 Guarded Swim - P 9:15 Mindful Movement - LD 10:00 Resident Annual Fund - AR 10:15 Water Aerobics - P 12:45 Grocery Shopping @ Wegmans/Walmart 12:45 Duplicate Bridge - LD 1:00 Social Bridge - AR 2:15 Line Dancing - CR 4:30 Social Hour - CL 7:00 Bellefonte Community Band Holiday Concert - CR	11 9:00 Albrecht Audiology - DO 11:45 Juliet's Luncheon 1:00 Making Life Good Again - AR 2:00 Caring for a Loved One and Ourselves - AR 2:00 St. Paul's Methodist Communion Service - CR 3:00 Church Services - CR 6:30 Student Farm Meet and Eat - CR	12 8:00 "Early Birds' go to Wegmans 8:00 AR reserved for studio art time - AR 8:30 Body, Brain and Balance - LD 9:15 Drum Fitness - LD 10:15 Water Aerobics - P 11:00 Sight-Loss Support Group Meeting 1:00 Mah-Jongg - AR 1:00 Christmas Bingo - CR 3:00 CR Reserved (JH) - CR 3:15 Line Dancing - LD	13 8:30 Total Body Circuit - LD 8:45 Schlow Library 9:15 Gym Circuit - FC 10:00 Recycling Committee - AR 10:00 Water Fitness - P 11:00 Staff Appreciation Lunch 12:45 Duplicate Bridge - LD 1:00 Balance Basics - ER 1:00 Social Bridge - AR 1:30 Chair Yoga - ER 2:00 Staff Appreciation Party 4:00 Winter Celebration @ The Arboretum at Penn State 4:30 Happy Hour - CL 7:00 Essence of Joy: Our Gift in Song	14 All Day Ping Pong - LD 12:00 PSU Men's Basketball vs Coppin State 12:45 Bellefonte Victorian Christmas

<p>15 All Day Ping Pong - LD 8:30 Transportation to Church 12:30 PSU Wrestling vs Wyoming 1:30 The Nutcracker presented by PASCP 1:30 Christmas Carolling with Grace Lutheran Church - CR 2:00 Sunday Movie: "Indiana Jones and the Temple of Doom" - CR</p>	<p>16 8:30 Total Body Circuit - LD 9:15 Beginner Drum Fitness - LD 10:00 Water Fitness - P 1:00 Activities Committee - LD 1:00 Balance Basics - ER 1:15 Shopping at Weis/Giant 1:30 CR Reserved (SJ) - CR 1:30 Chair Yoga - ER 2:15 Gingerbread House Decorating - AS 7:30 Poker - AR</p>	<p>17 8:30 Guarded Swim - P 9:15 Mindful Movement - LD 10:15 Water Aerobics - P 10:30 Communicating with Someone Living with Alzheimer's and Other Dementias - CR 12:45 Grocery Shopping @ Wegmans/Walmart 12:45 Duplicate Bridge - LD 1:00 Social Bridge - AR 2:00 Tuesday Movie: "Holiday Affair" - CR 4:30 Social Hour - CL 4:30 Ugly Christmas Sweater Party - CL</p>	<p>18 8:30 Total Body Circuit - LD 10:00 Water Fitness - P 10:30 Quarterback Club Meeting 1:00 Balance Basics - ER 1:00 Making Life Good Again - AR 1:30 Chair Yoga - ER 1:30 Charles Dickens' A Christmas Carol (PSU School of Theatre/Centre Stage) 2:00 Caring for a Loved One and Ourselves - AR 3:00 Poetry Reading - LD 3:00 Church Services - CR</p>	<p>19 8:00 "Early Birds' go to Wegmans 8:00 AR reserved for studio art time - AR 8:30 Body, Brain and Balance - LD 9:15 Drum Fitness - LD 10:00 Town Hall - CR 10:15 Water Aerobics - P 11:30 History Lesson w/ Ferro - CR 11:45 Romeo Luncheon Outing 1:00 Mah-Jongg - AR 2:00 History Lesson w/ Ferro - CR 3:15 Line Dancing - LD</p>	<p>20 8:30 Total Body Circuit - LD 9:15 Gym Circuit - FC 10:00 Water Fitness - P 12:45 Duplicate Bridge - LD 1:00 Balance Basics - ER 1:00 Social Bridge - AR 1:30 Chair Yoga - ER 4:30 Happy Hour w/ Sentimental Journey - CL</p>	<p>21 All Day Ping Pong - LD</p>
<p>22 All Day Ping Pong - LD 8:30 Transportation to Church 10:30 Grace Between Us - CR 2:00 Sunday Movie: "A Christmas Carol" - CR 4:00 Dinner at The Dream/Lights on the Lake</p>	<p>23 8:30 Total Body Circuit - LD 9:15 Beginner Drum Fitness - LD 10:00 Water Fitness - P 10:00 Women Talking - AR 12:00 Podiatry Appointments - AS 1:00 Balance Basics - ER 1:15 Shopping at Weis/Giant 1:30 CR Reserved (SJ) - CR 1:30 Chair Yoga - ER 2:00 Lion's Den reserved (CP) - LD 2:15 Door Decorating Tour 7:30 Poker - AR</p>	<p>24 8:30 Guarded Swim - P 9:15 Mindful Movement - LD 10:00 Writing for yourself, with Jackie Hook - AR 10:15 Water Aerobics - P 12:45 Grocery Shopping @ Wegmans/Walmart 12:45 Duplicate Bridge - LD 1:00 Social Bridge - AR 2:15 Line Dancing - CR 4:30 Social Hour - CL</p>	<p>25 All Day Christmas Day</p>	<p>26 8:00 "Early Birds' go to Wegmans 8:00 AR reserved for studio art time - AR 8:30 Body, Brain and Balance - LD 9:15 Drum Fitness - LD 10:00 CR Reserved (JH) - CR 10:15 Water Aerobics - P 1:00 Mah-Jongg - AR 2:00 LD Reserved (KV) - LD 3:00 Ice Cream Social - CR 3:15 Line Dancing - LD</p>	<p>27 12:45 Duplicate Bridge - LD 1:00 Social Bridge - AR 1:30 Catholic Communion - CR 4:30 Happy Hour - CL</p>	<p>28 All Day Ping Pong - LD 1:00 Celebration of Life for Garrett Mitchell - CR</p>
<p>29 All Day Ping Pong - LD 8:30 Transportation to Church 12:30 PSU Men's Basketball vs Penn 2:00 Sunday Movie: "The Poseidon Adventure" - CR</p>	<p>30 9:15 Beginner Drum Fitness - LD 10:00 Water Fitness - P 1:00 Balance Basics - ER 1:15 Shopping at Weis/Giant 1:30 CR Reserved (SJ) - CR 1:30 Chair Yoga - ER 7:30 Poker - AR</p>	<p>31 8:30 Guarded Swim - P 9:15 Mindful Movement - LD 10:15 Water Aerobics - P 12:45 Grocery Shopping @ Wegmans/Walmart 12:45 Duplicate Bridge - LD 1:00 Social Bridge - AR 4:30 Social Hour - CL 4:30 New Year's Eve Party with Elizabeth Webb Duo - CL</p>				