

## IN THIS ISSUE

### Page 2

Join the Pride!  
Rain/Snowfall  
Poetry Corner  
Explorations in Watercolor

### Page 3

Gardens at the Arboretum  
The ED View  
Meet CNA, Tierra Golden!

### Page 4

Recycling Roundup  
A Solider's Hand  
Private Tour of CVIM's  
New Facility

### Page 5

Welcome New Residents!  
Hedgehog, Turtle, Owl  
and Skunk! Oh My!

### Page 6

Culinary Corner  
Blooms at The Village

### Page 7

Bulletin Board  
May's Wine Tasting  
Blood Drive - June 27th

#### Editors

Kim McGinnis  
Chad Miller

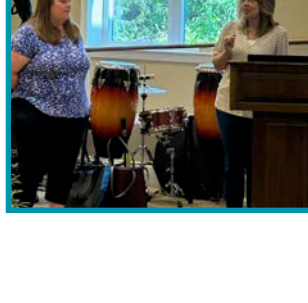
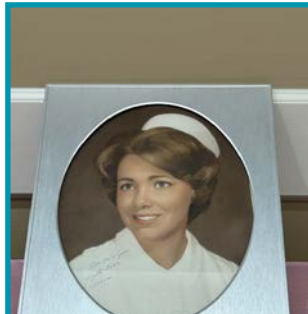
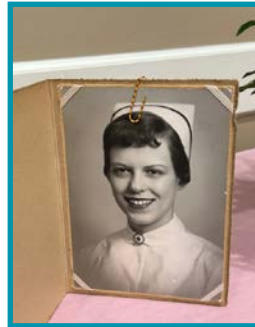
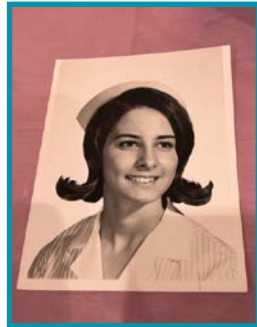
#### Photographers

Kim McGinnis  
Jana H.  
Libby B.  
Josh Gardner  
Jackie G.

#### Contributors

Kim McGinnis  
Josh Gardner  
Ellen Corbin  
Jamie Hayward  
Mimi C.  
Jim T.  
Matt Lambert  
Nancy W.  
Tierra G.


## CELEBRATING NURSES PAST AND PRESENT



# Join the Pride!



Retire to Where  
it All Began.



**RAINFALL/  
SNOWFALL  
AT THE VILLAGE**

by Peter P.

SNOWFALL	April	RAIN
-	18	0.39
trace	20	0.01
-	25	0.23
-	28	0.10
	<b>May</b>	
-	1	0.07
-	4	0.16
-	5	0.35
-	6	0.07
-	8	0.12
-	10	1.25
-	11	0.43
-	12	0.22
-	13	0.08
-	15	0.10

Measurements in Inches

## Poetry Corner

\*Everyone is welcome to the Poetry Group the 3rd Wednesday of every month at 3:00pm in the Lions Den\*

### Dandelion

By eco-poet Heather Swan

The Words of Noah's Wife: Day 47

Oh sun, oh happy light!  
Oh green! The sound  
of no rain. The animals  
still breathing.  
And in the mouth  
of the dove, the tiny branch  
of an olive. A second chance.  
I am breaking open, at last,  
a lilac in April.

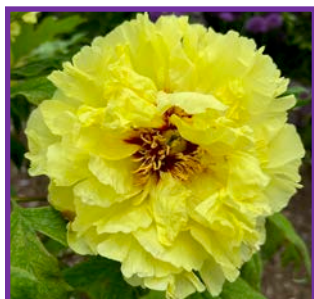
*Submitted by Jerry G.*

## EXPLORATIONS IN WATERCOLOR WITH ARTIST JILL GOMEZ



# GARDENS AT THE ARBORETUM

Patrick W., Director of Development, led the residents on a private tour of the gardens at the Arboretum.



## MEET VPS CNA, TIERRA GOLDEN!



**Hi! My name is Tierra Golden. I am a CNA and work in Wellness.** I have really enjoyed my time working at The Village. Everyone has been very friendly and welcoming! I have been working here at The Village for a little over six months.

I am originally from Harrisburg, Pennsylvania. I have also lived in Florida and Louisiana. Before coming to the Village I was a preschool teacher for several years.

I enjoy traveling, reading, hiking, and fishing. I also have three cats (Louna, Lola, and Midnight) and a dog named Terry that keep me very busy. I have lived in State College for almost three years. It has been great meeting and getting to know everyone at The Village!

# THE ED VIEW



The number of Americans living with Alzheimer's is growing — and growing fast. Nearly 7 million Americans have Alzheimer's.

As the size of the U.S. population age 65 and older continues to grow, so too will the number and proportion of Americans with Alzheimer's or other dementias. By 2050, the number of people age 65 and older with Alzheimer's may grow to a projected 12.7 million, barring the development of medical breakthroughs to prevent or cure Alzheimer's disease.

People age 65 and older survive an average of four to eight years after a diagnosis of Alzheimer's, yet some live as long as 20 years with Alzheimer's. This reflects the slow, uncertain progression of the disease.

June is Alzheimer's and Brain Awareness Month. This year, The Village will have a team supporting the fight against Alzheimer's. There will be a variety of activities planned including participating in the Alzheimer's walk. Make sure to watch the bulletins on CLC for Alzheimer team related announcements. Please see Kim McGinnis, Director of Resident Services, if you would like join The Village team.

Ellen Corbin  
*Executive Director,  
The Village at Penn State*

(Alzheimer's Association)



# RECYCLING ROUNDUP

## WE'RE ROCKIN'!

It's rare for the current year-to-date (YTD) weight of each category of recyclables—plastic and metal containers; glass bottles, jugs, and jars; mixed paper, and corrugated cardboard—to exceed the YTD weight of each category in the previous year. But that's the April 2024 YTD story. Every cotton pickin' category of recyclables through April is ahead of April 2023 YTD. Here are the numbers:

### INDIVIDUAL CATEGORIES OF RECYCLABLES

Plastics +72%

Glass +58%

Metal Containers +67%

Mixed Paper +64%

Corrugated Cardboard +12%

### ALL CATEGORIES OF RECYCLABLES

Year	Tons	
2024	6.44	
2023	4.88	
2024	+1.56	+32%

We are one third of the way through the calendar year and, curiously, total recyclables' tonnage is very close to being one-third ahead of last year. How'd that happen? As "they" say, "Don't look a gift horse in the mouth." I won't!

Keep on Rockin'!

Jim T.  
Chairman, VPS Resident Recycling Committee



# A SOLDIER'S HAND

Over 30 residents of The Village participated in preparing small bags with hand lotion, lip balm, notes, and candy for the *Soldiers' Hands* project. The current status of the project is as follows. Judy H. is the coordinator for The Village project.



**Status of the USS Eisenhower Carrier Strike Group, 7,002 troops, 990 shipped (6,012 left) Chaplain, Cliff Mullen, Qatar, 379 AEW/HcM, 100 troops, shipped Mac Kliefoth, Syria, TF Armadillo, 400 troops, shipped Total: 7,502**

- All inventory has been purchased, 6012.
- 4775 assembled, boxed and ready to ship
- Assembling commitments: The Village, Church & Dwight (Princeton, NJ), Red Nucleus (Yardley, PA) totalling 800 care packages
- Remaining to complete on May 8 = 437 care packages

### Shipping Total Estimate:

- 256 boxes @ \$18.34 each = \$4,695.04

## RESIDENTS HAD A PRIVATE TOUR OF CVIM'S NEW FACILITY

CVIM (*Center for Volunteers in Medicine*) provides: medical care, dental care, behavior health, case management, & prescription services to those in need who often do not have insurance.



# WELCOME NEW RESIDENTS!



Sue H.



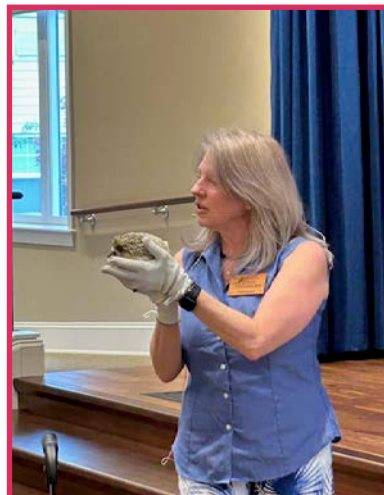
Bolling H.



Bob & Diane S.

# HEDGEHOG, TURTLE, OWL AND SKUNK! OH MY!

Centre Wildlife Care volunteer, Faith, brought some wildlife to VPS. What a delightful presentation.



# CULINARY CORNER

This month I would like to shine the light on yet another member of our culinary team. Ben Babyak wears many hats and contributes greatly to exceeding guest expectations every day at The Village.

Many of you may know Ben through his work in the Bistro, but he does so much more behind the scenes. Who amongst us doesn't enjoy a homemade dessert? Well you can point your compliments Ben's direction. He is responsible for the day to day production of all of our house prepared desserts. Ben also develops new and delicious sugar free desserts for all to enjoy. Ben also contributes to daily kitchen and service needs. His dedication to high quality products helps the culinary team be successful.

Ben has been a team member of The Village for 3+ years. In an effort to get to know him a little better I asked him 10 foodie questions that should help you discover some of his professional traits and motivators.

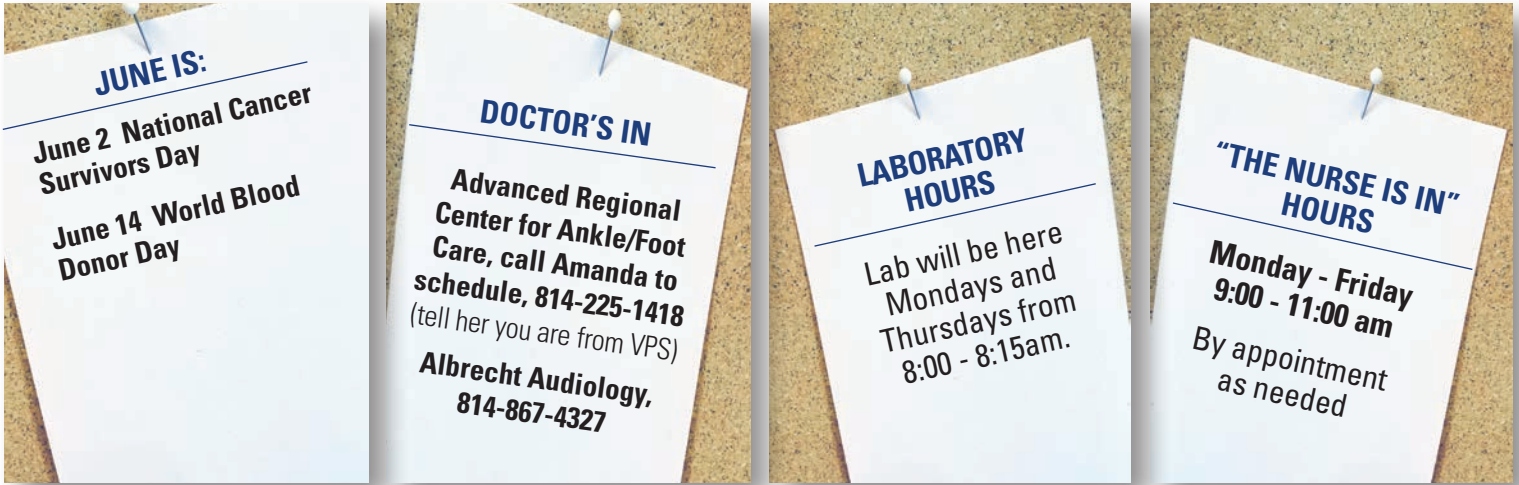
1. What is your favorite dish to order when dining out? Pad Thai (Asian peanut noodle dish)
2. Why did you choose a culinarian as a career path? More fulfilling than previous jobs
3. What is your favorite aspect of working at The Village? The residents, exceeding their expectations
4. What are some of your must have pantry items? Kosher salt & jasmine rice
5. Must have kitchen tools/equipment? Table top kitchen aid mixer
6. Best dining overall experience? Dining with large groups & observing the flow of the restaurant
7. What motivates you at work every day? Improving on established recipes
8. What is a turn off when dining out? When customers are rude to restaurant service staff
9. What is your cooking, baking style/philosophy? Desserts can be too sweet – balance of flavors
10. What well known chefs influenced you? Guy Fieri, Rosanna Pansino

I hope this gives you some insight on what motivates Ben. If you see him make it a point to thank him for his continued efforts to make The Village dining experience memorable.

Matt Lambert  
*Executive Chef, The Village at Penn State*

# BLOOMS AT THE VILLAGE





**The Podiatrist will be at The Village on June 16th from 12:00-6:00pm.**

**Albrecht Audiology is here the 2nd Wednesday of the month, June 12th, in the Doctor's Office.**

**Dr. Bethaney Tessitore will be on site.** Much of what we do in our office, we can do here including hearing tests and programming of hearing aids. Call the office at 814-867-4327 to schedule your appointment or walk in.

## MAY'S WINE TASTING

Featured great wine blends from around the world. Thanks to Paul J., Joanne & Jim B.



## BLOOD DRIVE IN CR ON JUNE 27<sup>TH</sup>

Must sign up by calling Jamie in wellness at 814-235-8904.

