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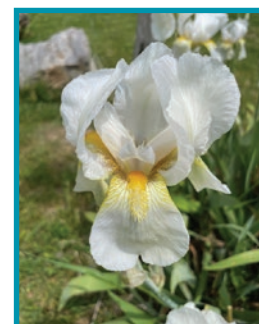
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MAKING AN OASIS

VPS residents are making an oasis on the West side of the community. There is an outdoor space to eat and you can play horseshoes, but most importantly so many residents are able to garden! Vegetables and flowers. Don A. builds the raised beds and makes a name plate for who it belongs to. Don and Max S. can be seen working outdoors on a regular basis to keep the space beautiful and useful.



"The project is more than we ever thought possible. I am sort of the master plant man, but each bed owner decided what they wish to grow. A small idea had taken root. It's as big a project as we can manage and it has developed from a stone and weed patch — beauty from a beast!!" Don A.





		
RAINFALL/ SNOWFALL AT THE VILLAGE		
by Marion D.		
SNOWFALL		RAIN
-	April 30	1.30
-	May 5	0.30
Measurements in Inches		

Poetry Corner

Everyone is welcome to the Poetry Group the 3rd Wednesday of every month at 3:00pm in the Lions Den

Give me your tired, your poor,
Your huddled masses yearning
To breathe free,
The wretched refuse of your
teeming shore.
Send these, the homeless, tempest-tossed
to me,
I lift my lamp beside the golden
door!

~Emma Lazarus

Submitted by Marion W.

RESIDENTS AND STAFF ENJOYED THE TASTY DONUTS FROM THE SINISTER DONUT TRUCK!



PRESENTATION ON COMMERCIAL NUCLEAR POWER PLANTS

Resident presenter, Robert A. Nelson, Captain, US Navy, Retired. Nelson discussed How The Commercial Nuclear Power Plants Work; Advantages & Disadvantages.



MEET JOSH GARDNER!



Hi my name is Josh Gardner! I'm very excited and happy to be the new Marketing and Move-In Coordinator at The Village at Penn State. I am a State College native who

ironically did not attend Penn State. Though I am a massive Penn State sports fan especially football. Instead I attended Mount Aloysius College where I graduated in 2020 with a degree in Business Administration. I really enjoy baseball and was on the Mount Aloysius College team for a couple years. I also enjoy going to the gym and spending time with my friends and family. You likely will see me around The Village taking photos for the Facebook page and assisting incoming residents with pre-move-in activities. If you see me please feel free to say hi as I look forward to meeting you all!

THE ED VIEW



Alzheimer's and Brain Awareness Month

International Alzheimer's and Brain Awareness Month is observed in June as an opportunity to spread the word about and discuss Alzheimer's disease and other dementias. Throughout the month, the Alzheimer's Association encourages people around the globe to support the movement by wearing purple and training their brains to fight the disease.

5 FACTS ABOUT ALZHEIMER'S THAT YOU DIDN'T KNOW

- 1. Around the world** An estimated 47 million people around the world are living with Alzheimer's and other dementias, and if a change doesn't come by 2030, this number will grow to 76 million.
- 2. Each second counts** A person develops Alzheimer's disease in the United States every 65 seconds.
- 3. Caregivers** In America, more than 16 million people take care of family or friends with Alzheimer's or dementia, and that, too, without pay.
- 4. A leading disease** In the U.S., Alzheimer's is the sixth leading cause of death and 6.2 million of those living with Alzheimer's disease are over 65.
- 5. One out of three deaths** Alzheimer's or other dementia kills one in three seniors and deaths due to this disease are more than prostate cancer and breast cancer combined.

The Village will be hosting a program on "Understanding Alzheimer's and Dementia" on July 10, 2023 at 2 pm in Community Room. Mark your calendars to attend this informative lecture.

(Info from National Today)

Ellen Corbin
Executive Director,
The Village at Penn State

RECYCLING ROUNDUP

RECYCLING 102

A short course in identifying plastic cups that look like they are recyclable...BUT AREN'T!

You go to Wendy's and order a 20-ounce "cup" of Dr. Pepper at the drive-up window. Counter person gives you a plastic cup filled with soda, along with a plastic lid, and a plastic straw. When you arrive home, you put aside your three plastic items in order to recycle them, which you do the next time you head to the recycling room in your apartment building, or toss the three plastic items in your red recycling bin if you are a cottage resident. Thank you for your commitment to recycling! Sometimes, however, we can't win for losing. In this Dr. Pepper scenario, the plastic soda cup, lid and straw are not recyclable because Centre County Recycling Authority does not classify them as recyclables. There are too many varieties of plastic cups. Some can be recycled, some not; it's too complicated for Centre County Recycling to sort the recyclable cups from those that are not. Straws and lids are automatically trashed.

The Recycling 102 Message: Throw plastic soda cups, straws and lids in your trash container.

"20 in '23"

We can, we will!

Jim T.
Chairman, VPS Resident Recycling Committee



DR. KEIKO MIWA R. IS CELEBRATED



Dr. Keiko Miwa R. celebrated by PSU President Neeli Bendapudi & Tina Hennessey, Assistant Vice President of University Development for her gift to the Barron Innovation Hub. Inspired by the legacy of its namesake, the Innovation Hub provides an open and accessible space for all entrepreneurs to feel inspired with limitless opportunities to turn their daydream into a reality.

PIANO CONCERT

HUGE thank you to Alex, grandson of Esther and Bud Porter, for his fabulous piano concert last month! You are truly talented and the Village wishes you the best as you start your new career!



SYNONYMOUS

It has a sense of time, I thought
Eating, sleeping are instincts, though
Not a human in my garden, a large rabbit
Upon reflection we are the same, I know

Submitted & written by Karen F.



2023-24 RESIDENT COUNCIL

The following individuals have
been elected to a two-year term
on the (effective June 1, 2023):

Karen F.

Robert N.

Cindy P. Ed S.

The following individuals
will be entering the second year
of their two-year term:

Jane B. John H.

Lam H. Paul J.

Brian W.

211 ballots were distributed and
174 were voted. This is an 82.5%
voting rate. This is very close to
our historical average.

Nomination/Election
Committee

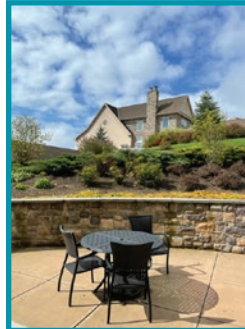


MEET YOUR NEW NEIGHBOR

Marilyn U.



SPRING HAS FINALLY SPRUNG AT THE VILLAGE



CULINARY CORNER



With the summer season in full swing there is some exciting news to report from dining services.

Through the summer growing season The Village will continue its partnership with the PSU student farm. We will be utilizing farm fresh produce in as many recipes and features as possible. Keep in mind that the farm is visible from the south side of the village. It doesn't get more local than that!

The new cycle menu will begin at the end of May. We will be offering new and revamped items across the menu. Look for new soups, salads, entrees, side dishes and desserts. An emphasis has been placed on fresh ingredients and made-to-order techniques.

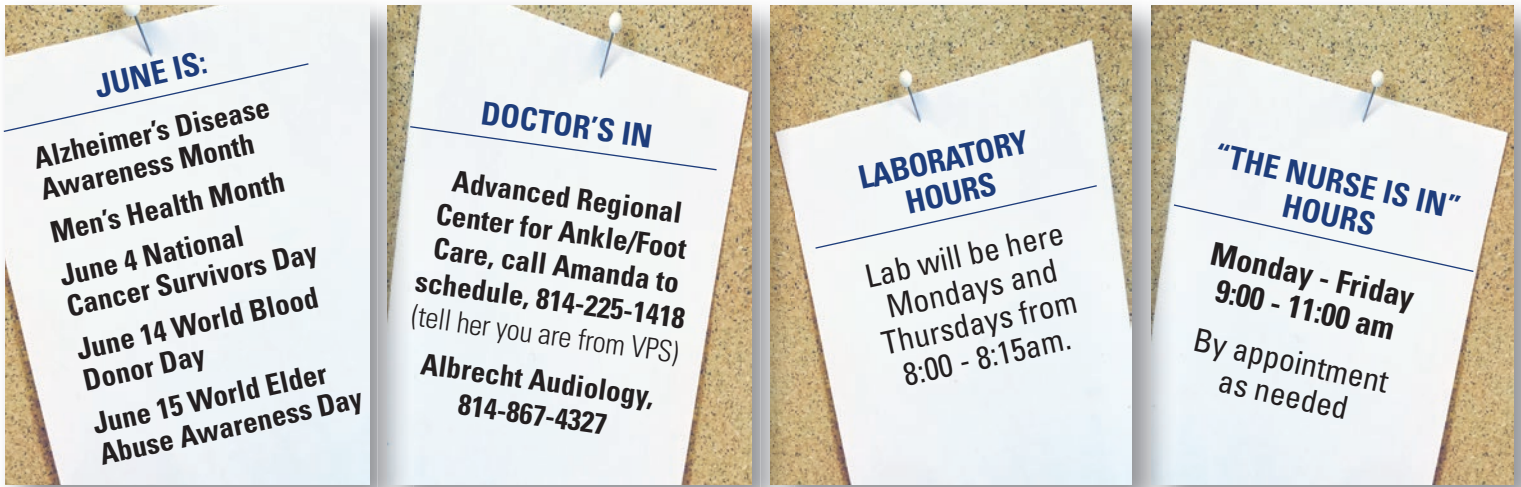
Dining services will be offering special menu outdoor grilling events through the summer. Menus will offer exciting grilled and smoked items cook to order on the patio. We will also utilize farm fresh produce from the student farm. These events will be held in the Bistro and offer your choice of indoor or outdoor dining options. Look for information and dates in connected living.

Matt Lambert
Executive Chef, The Village at Penn State

A SOLDIER'S HANDS

Residents gathered again for a repeat of their work to fill 250 more gift bags for the non-profit A Soldier's Hands, whose mission is to send personalized care packages and messages to every deployed US military member. "Not everyone can enlist to serve but we can all serve the enlisted" is their motto.

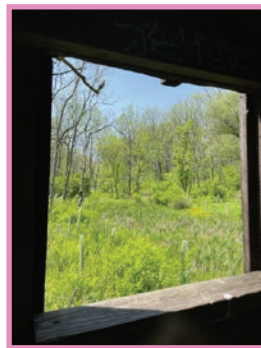




The Podiatrist will be at The Village on June 26th from 12:30-4:00pm (in the Art Studio).

LEISURELY STROLL

Residents took a leisurely stroll through Lederer and Walnut Springs Park then enjoyed their brown bag lunch to celebrate brown bag it Thursday. A glorious day filled with sunshine, chirping birds and laughter.



A WALK ON THE LOWER TRAIL

The trail supports many different plant and animal species and the Audubon Society has identified portions of the Lower Trail as "Important Birding Areas." Residents heard 32 different species and saw about a half a dozen of them.

Thank you to Cindy P. for leading the walk.

