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Editors

Kim McGinnis
Chad Miller

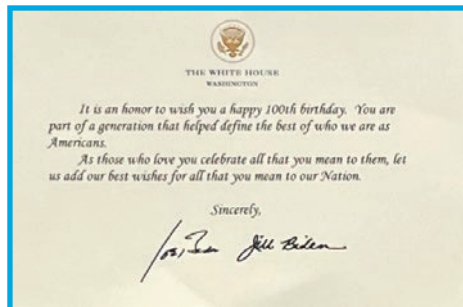
Photographers


Kim McGinnis
Samantha L.
Jan L.
Rosalie D.
Don A.

Contributors

Kim McGinnis
Marion D.
Samantha L.
Matt Lambert
Ellen Corbin
Jamie Hayward
Jason Ford
JoAnne O.
Jim T.

FAMILY AND FRIENDS CELEBRATED WITH DON ACE. CHEERS TO 100 YEARS!



RAINFALL/ SNOWFALL AT THE VILLAGE

by Marion D.

SNOWFALL		RAIN
	February	
Coating	22	0.15 slush
Coating	28	-
	March	
Coating	3	-
Coating	7	-
1.20	10	-
0.50	14	-

Measurements in Inches

Poetry Corner

Everyone is welcome to the Poetry Group the 3rd Wednesday of every month at 3:00pm in the Lions Den

SHE CAN MEND

She can mend the broken moment.
 Jumpstart joy from its low slumber.
 She can fuse the fractured future.
 Fuss at chaos. Order random color.
 Frame it off for light to find it.
 She can clutch the least day's leavings
 all it came with, claim and tame it.
 She holds what old hills have told her.
 She can mend the broken moment.

Written by Geoffrey G.

CONGRATULATIONS TO CLIFF W.

FOR BEING NOMINATED BY HIS FELLOW RESIDENTS AS THE ROSE COLOGNE VOLUNTEER OF THE YEAR 2023

Cliff will be recognized in the Centre Daily Times in the Saturday, April 15, 2023 edition and in-person at the Rose Cologne Dinner on Thursday, April 27, 2023 at The Penn Stater.

The doors will open at 5:45pm with a cash bar, and a buffet dinner will begin at 6:30pm. The bus will depart from the main lobby at 5:30pm.

The cost of meals is \$45/person. Checks made payable to "Centre County Council for Human Services" can be dropped off at the front desk when you RSVP. RSVP to the front desk with your check no later than 3/28.

No late responses can be accommodated.



PROMOTING SCIENCE & NATURE

Kevin Abbott, owner of Jabebo, discussed celebrating biodiversity and promoting science & nature in creating earrings. This is what the cereal boxes you save are upcycled to create.



MEET JASON FORD!



Hello, my name is Jason Ford! I am the new lead utility person in dining. I am a very upbeat and active person who enjoys fitness, camping and snowboarding. Some of you may have seen me

sorting and transporting nutritious and delicious foods of all varieties throughout the Village. I am a State College native living in Houserville. If some of you are also local, you may have purchased your first bicycle from my uncle Tuffy Krumrine, who owned the bicycle shop on W. College Ave. I currently live with my beautiful wife, Sabrina, our lovely grandmother June Krumrine and our silly dog Bubbers. I am most excited to be here and look forward to working with you at The Village.

THE ED VIEW



History of Rose Cologne and the Volunteer Dinner

Dr. Rose Cologne was known throughout Pennsylvania and beyond for her years of pioneering leadership in adult education and to alleviate problems of the poor. Dr. Cologne

was known for her sense of humor and her love of all people regardless of the mistakes they may have made.

Dr. Cologne also served with international programs in Japan and Afghanistan. Rose, as she was affectionately known, was a faculty member at Penn State in the Sociology Department from 1941 until 1968. She was a founding member of Tri-County Habitat for Humanity, which continues to honor her contribution to the organization with an education scholarship for Habitat families. Additionally, Rose was instrumental in starting the Centre County Branch of the PA Prison Society and was a regular prison visitor for many years. The Centre County Medical Society honored Rose with the Benjamin Rush Award, for her outstanding contributions toward the promotion of public health and welfare in Centre County.

The Centre County Council of Human Services (CCCHS) believed that Rose should be recognized for her commitment and dedication to improving the lives of Centre County residents and human services. CCCHS held their first volunteer recognition dinner at the Penns Valley High School cafeteria in 1971 and honored Dr. Cologne. The volunteer dinner, which continues today, carries her name in special recognition of her many contributions to the human services, field, and the community.

Each year, a resident is selected to represent The Village at Penn State at the Rose Cologne Volunteer Dinner sponsored by the Centre County Council of Human Services. Please join me in congratulating Cliff Wurster, as our 2023, volunteer of the year. Cliff is very active at The Village and in the State College Community. Cliff's name will be added to our Rose Cologne recognition plaque located in the third floor elevator lobby.

Ellen Corbin
*Executive Director,
The Village at Penn State*

RECYCLING ROUNDUP

2023 - RECYCLING IS OFF TO A SLOWWWWWWWWW START!

As always, the proof is in the numbers.

Total Tonnage of VPS Recyclables
in Jan. & Feb. in 2022 - 6,870 lbs.

Total Tonnage of VPS Recyclables
in Jan. & Feb. in 2023 - 5,455 lbs. (20.5)

Starting a year with a year over year 20% decline is discouraging, especially when our village is close to 100% occupancy. At the rate we're going, 2023 will end up 3.4 tons under the 2022 total of 17.14 tons. Let's not go there! Take a little extra time each day to rinse and place items that you can recycle in the container you use to walk your recyclables to the recycling room in your building. Five minutes/day at most. Remember our goal:

"20 in '23"

We can, we will!

Jim T.
Chairman, VPS Resident Recycling Committee



FIRST MEET & GREET OF 2023 TO WELCOME OUR NEW RESIDENTS



Dennis B.



Cindy P.



Bruce L.



Diane S.



Harry & Ruth K.



Judy L.



Sally S.



Larry & Elizabeth S.

CELEBRATING ST. PATRICK'S DAY!



SPECTACULAR SUNRISE ON MARCH 1ST



Submitted by Don A.

ANNUAL POTLUCK DINNER!

80 residents enjoyed an array of different foods!



CULINARY CORNER



Spring is finally arrived and that can mean only one thing to a foodie. Dust off the charcoal grill and plan your first cook out in the sun.

For me the very first outdoor cooking menu always consists of a classic, burgers! What are some of the key components required for a successful grilled hamburger?

First the grill. I prefer a natural heat source, hardwood charcoal. This will bring a very distinctive smoky flavor to grilled meats. It also burns hotter than most propane grills to create a searing effect on the burgers while maintain a moist interior.

The next important part is the burger itself. If possible, source from a butcher shop that grinds meat fresh daily. Look for an 85% lean to 15% fat ratio. This gives the burger just enough fat content to remain moist and have a deep beef flavor. Simply season with coarse kosher salt and freshly ground black pepper. I feel that many of the commercial spice rubs tend to overpower the natural flavor of the beef.

What temperature should you grill your burger to? Well, that is a personal decision. I do recommend allowing the burger to “rest” for 5-10 minutes before eating. This allows the internal juices to combine and makes a better eating burger. Rolls and toppings are also another personal decision you get to make. Feel free to experiment with gourmet rolls, different cheeses, and new condiments.

Good luck and enjoy!

Matt Lambert
Executive Chef, The Village at Penn State

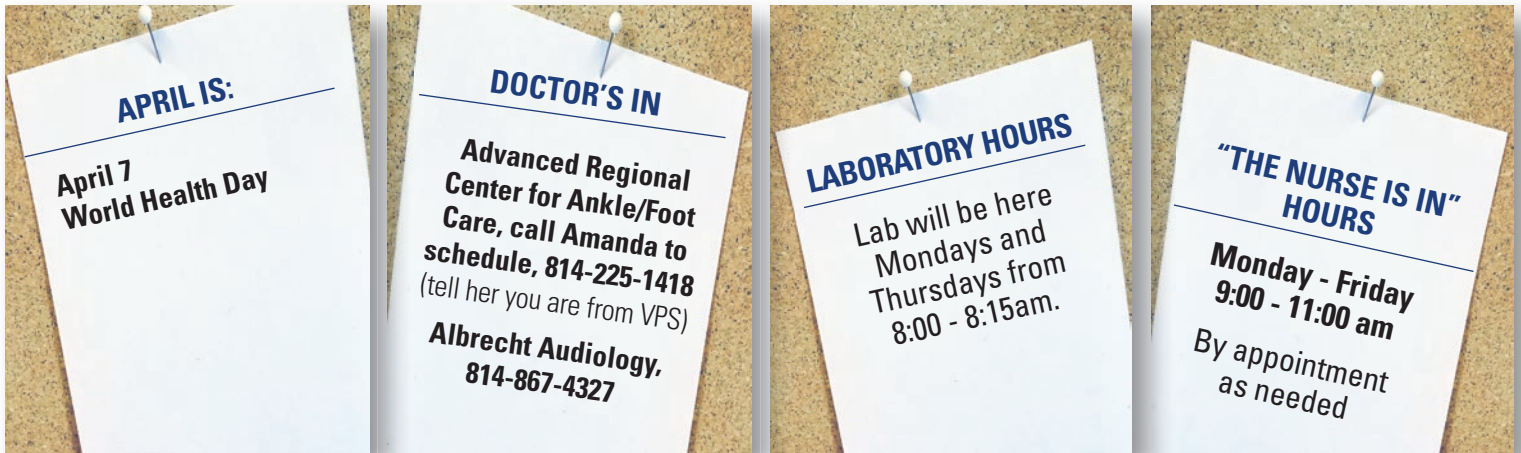
FINAL TEA OF THE WINTER

Everyone who has attended has enjoyed their time together and the delicious treats and tea.

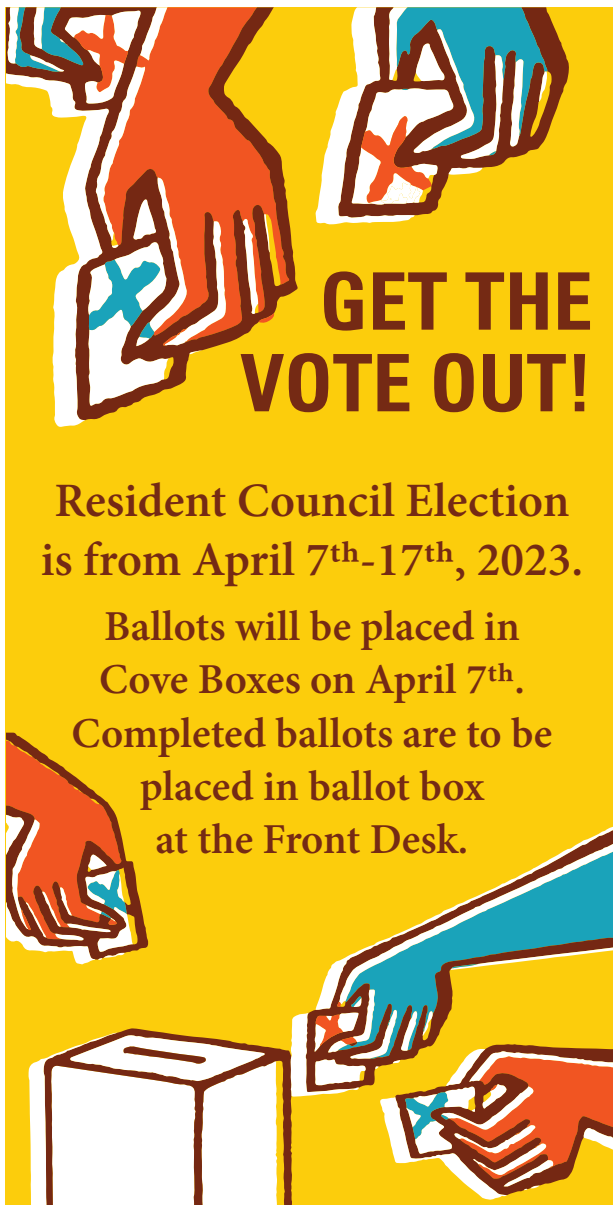


RESIDENTS ENJOY CELEBRATING MARDI GRAS WITH THE DEACONS OF DIXIELAND





The Podiatrist will be at The Village on April 24th from 12:30-4:00pm (in the Art Studio).



NATIONAL VOLUNTEER WEEK

Is from April 16th-22nd. The theme for 2023 is Volunteering Weaves Us Together.

This reveals the importance of volunteering to the strength and vibrancy of our communities through the interconnected actions we take to support one another. These diverse forms of sharing our time, talent and energy strengthen the fabric of our community.



We would like to thank all the volunteers at VPS for their time and effort in April and at all other times throughout the year! IT TAKES A VILLAGE!

We will celebrate all of our volunteers on Tuesday, April 18th from 10-11:30am in the Community Room. All are welcome and we hope to see you there!

THANK YOU!