

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Ping Pong 1 8:30 Transportation to Church 5:00 PSU Men's Basketball vs Iowa	1:00 Library Committee 2 1:15 Shopping at Weis/Giant 1:30 CR Reserved (SJ) 4:30 VPS Tail Gate ~ Rose Bowl 7:30 Poker	8:30 UrbanKick 3 9:15 Mindful Movement 10:15 Water in Motion 11:00 Virtual Walking 12:45 Duplicate Bridge 12:45 Grocery Shopping 1:00 Social Bridge 1:30 Seated Volleyball 2:00 Tuesday Movie	8:30 Total Body Circuit 4 9:00 "The Basics of Landscape 9:15 Standing Tai Chi 10:00 Water Fitness 11:00 Indoor Cornhole 1:00 Balance Basics 1:30 Seated Chair Yoga 2:00 Trivial Pursuit 2:00 Church Services	8:00 "Early Birds' go to Wegmans" 5 8:00 AS reserved for studio art 8:30 UrbanKick 9:15 Drum Fitness 10:15 Water in Motion 10:30 Roundtable w/Dr. Ferro 11:00 Ping Pong Club 11:30 Schwan's Man is Here	8:30 Total Body Circuit 6 9:00 Dollar Tree Dash 9:15 Gym Circuit 10:00 Making Life Good Again 10:00 Reserved (RC) 10:00 Water Fitness 11:00 Indoor Cornhole 12:45 Duplicate Bridge 1:00 Balance Basics	Ping Pong 7 1:30 PSU Lady Lion Basketball vs 2:00 Musical Interludes with Luke 7:00 Musical Interludes with the
Ping Pong 8 8:30 Transportation to Church 2:00 Sunday Movie: "Jessie Stone"	8:30 Total Body Circuit 9 9:15 Zumba Gold 10:00 Everyone Talking 10:00 Water Fitness 11:00 Indoor Cornhole 11:00 Resident Council Meeting 1:00 Balance Basics 1:00 Reaching Out Committee	8:30 UrbanKick 10 9:15 Mindful Movement 10:00 Resident Annual Fund 10:15 Water in Motion 11:00 Virtual Walking 12:45 Duplicate Bridge 12:45 Grocery Shopping 1:00 Social Bridge 1:30 Seated	8:30 Total Body Circuit 11 9:00 "The Basics of Landscape 9:15 Standing Tai Chi 10:00 Water Fitness 11:00 Indoor Cornhole 11:45 Juliet's Luncheon 1:00 Balance Basics 1:30 Seated Chair Yoga	8:00 "Early Birds' go to Wegmans" 12 8:00 AS reserved for studio art 8:00 CR Reserved (NHO) 8:30 NHO Orientation 8:30 UrbanKick 9:15 Drum Fitness 10:15 Water in Motion 11:00 Ping Pong Club	8:30 Total Body Circuit 13 8:45 Schlow Library 9:15 Gym Circuit 10:00 Recycling Committee 10:00 Water Fitness 11:00 Indoor Cornhole 12:45 Duplicate Bridge 1:00 Balance Basics 1:00 Social Bridge	Ping Pong 14 12:30 Met Opera presents "Fedora" 2:00 Scrabble 6:30 PSU Men's Volleyball vs
Ping Pong 15 8:30 Transportation to Church 2:00 Sunday Movie: "Avatar"	MARTIN LUTHER KING DAY 16 9:00 CR Reserved (Piano tuning) 10:00 Movie Committee 12:30 Podiatry Appointments 1:15 Shopping at Weis/Giant 1:30 CR Reserved (SI)	8:30 Tour of the VPS Kitchen 17 8:30 UrbanKick 9:15 Mindful Movement 10:15 Water in Motion 11:00 Virtual Walking 12:45 Duplicate Bridge 12:45 Grocery Shopping 1:00 Social Bridge 1:30 Seated	8:30 Total Body Circuit 18 9:00 "The Basics of Landscape 9:15 Standing Tai Chi 10:00 Water Fitness 11:00 Indoor Cornhole 1:00 Balance Basics 1:30 Seated Chair Yoga 3:00 Activities Committee	8:00 "Early Birds' go to Wegmans" 19 8:00 AS reserved for studio art 8:30 UrbanKick 9:15 Drum Fitness 10:00 Town Hall 10:15 Water in Motion 11:00 Ping Pong Club 11:30 History Lesson w/ Ferro 11:30 Schwan's Man is Here	8:30 Total Body Circuit 20 9:15 Gym Circuit 10:00 Making Life Good Again 10:00 Water Fitness 11:00 Indoor Cornhole 12:45 Duplicate Bridge 1:00 Balance Basics 1:00 Social Bridge 1:30 Seated Chair Yoga	Ping Pong 21 10:30 Ashtekar Frontiers of 1:45 PSU Men's Basketball vs 3:00 A Choral Tribute to Dr 4:30 Men's Ice Hockey vs Notre
Ping Pong 22 PSU Lady Lion Basketball vs 8:30 Transportation to Church 10:30 Grace Between Us 12:30 PSU Wrestling vs Michigan 2:00 Sunday Movie: "A Christmas Story"	8:30 Total Body Circuit 23 9:15 Zumba Gold 10:00 New Resident Information 10:00 Water Fitness 10:00 Women Talking 11:00 Indoor Cornhole 1:00 Balance Basics 1:15 Shopping at Weis/Giant 1:30 CR Reserved (SI)	8:30 Tour of the VPS Kitchen 24 8:30 UrbanKick 9:15 Mindful Movement 10:00 Writing for yourself, with 10:15 Water in Motion 11:00 Virtual Walking 12:45 Duplicate Bridge 12:45 Grocery Shopping	8:30 Total Body Circuit 25 9:00 "The Basics of Landscape 9:15 Standing Tai Chi 10:00 Water Fitness 11:00 Indoor Cornhole 1:00 Balance Basics 1:30 Seated Chair Yoga 2:00 Gardening Club 2:00 Church Services	8:00 "Early Birds' go to Wegmans" 26 8:00 AS reserved for studio art 8:30 UrbanKick 9:15 Drum Fitness 10:15 Water in Motion 10:30 Tanis presents German Comedy 11:00 Ping Pong Club 11:45 Women's	8:30 Total Body Circuit 27 9:15 Gym Circuit 10:00 Water Fitness 11:00 Indoor Cornhole 12:45 Duplicate Bridge 1:00 Balance Basics 1:00 Social Bridge 1:30 Catholic Communion 1:30 Seated Chair Yoga	Ping Pong 28 3:00 Saturday afternoon Tea
Ping Pong 29 8:30 Transportation to Church 11:45	8:30 Total Body Circuit 30 9:15 Zumba Gold 10:00 Water Fitness	8:30 UrbanKick 31 9:15 Mindful Movement 10:15 Water in Motion				

Sunday PSU Men's Basketball vs 2:00 Sunday Movie: "Funny Face" 2:30 PA Chamber Orchestra	11:00 Monday Indoor Cornhole 1:00 Balance Basics 1:15 Shopping at Weis/Giant 1:30 CR Reserved (SJ) 1:30 Seated Chair Yoga	11:00 Tuesday Virtual Walking 12:45 Duplicate Bridge 12:45 Grocery Shopping 1:00 Social Bridge 1:30 Seated Volleyball	Wednesday	Thursday	Friday	Saturday