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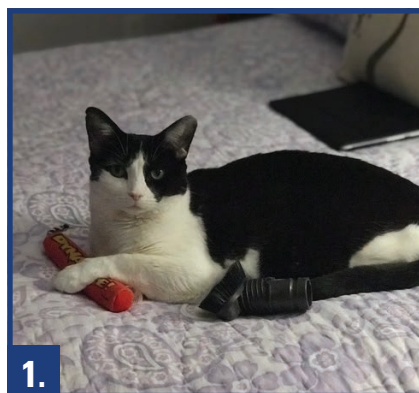
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All Pet Owners

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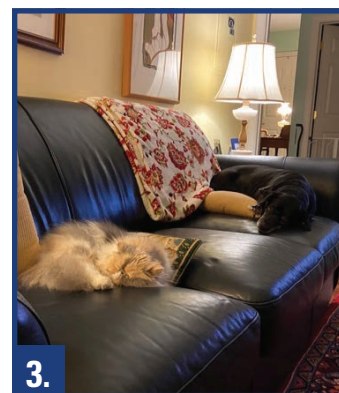
NATIONAL PET DAY



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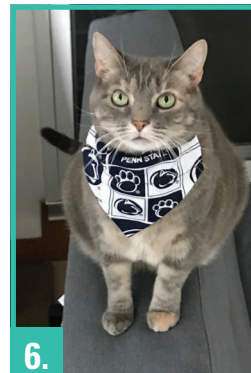
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5.



6.

1. Sunshine, owner Terri K., adopted and she is about six years old, she answers to a whistle at mealtimes.
2. Teddy the Parakeet, owner Nancy T., given to her Christmas 2021 as a Christmas gift from her grandchildren.
3. Tootie and Chopper, owners, Karen and George F., after a busy day.
4. My pride and joy, Mr. Rudy a.k.a. Kitty Boy, owner Kellie V. I adopted him in the midst of our Covid lockdown as a kitten, now he is one and a half years old.

5. A rather old photo of my beagle, Yogi, owner Beth McMullen. He was almost 14 years old when I took this picture of him in 2002. He crossed the Rainbow Bridge about two months later. Yogi was a smart dog. He knew what he wanted. His nose got him into a such world of trouble, that I still don't believe he made it to age 14. I still miss that bad boy.
6. Greycie H. 71 cat years old, owner Nancy Harner. Maybe 8 human years.

Continued on page 4...

First in Class!

The Village

AT PENN STATE



RAINFALL/ SNOWFALL AT THE VILLAGE

by Marion D.

SNOWFALL

RAIN

| | January | |
|----------|----------|------------|
| Flurries | 18 | - |
| 2.00 | 23 | - |
| 1.70 | 24 | - |
| 0.35 | 29 | - |
| | February | |
| - | 3 | 2.20 |
| 1.30 | 4 | Ice (0.30) |
| - | 17 | 1.00 |

Measurements in Inches

Poetry Corner

*Everyone is welcome to the Poetry Group the
3rd Wednesday of every month at 3pm in the Lions Den *

Dear March – Come in –
How glad I am –
I hoped for you before –
Put down your Hat –
You must have walked –
How out of Breath you are –
Dear March, how are you, and
the Rest –
Did you leave Nature well –
Oh March, Come right up stairs
with me –
I have so much to tell –

~ Emily Dickinson

(submitted by Anne R.)

BEAUTIFUL SUNRISE AT THE VILLAGE



Submitted by Pat H.



GET THE VOTE OUT!

This year we will be
electing five members
for the 2022-23 Resident
Council. The election
will be held in April.

The following date is important
in the process:

March 25, 2022

The last day to accept nominations

If you would like to make a
nomination, please contact a member
of the Nominating Committee:

Bob M. – East 1

Trudy S. – East 2

Mary Jean M. – West 1

Max S. – West 2

JoAnn O. – Cottages



THE ED VIEW



Big News! The Village at Penn State was nominated and named to the Pennsylvania Business Central's Top 100 Organizations of 2022. Being selected as a Top 100 is quite an accomplishment. Nominations were taken from throughout Pennsylvania's

Business Central 23 county coverage area and the final honorees were selected by a special selection committee for their contributions, achievements and leadership professionally and throughout their communities. Congratulations to all who make The Village at Penn State a success.

Ellen Corbin
*Executive Director,
The Village at Penn State*



MEET NICHOLE WALKER



I am Nichole Walker, the new Director of Human Resources for The Village at Penn State. This role has afforded me the opportunity to meet many friendly and welcoming people. I live in rural Bellefonte with my husband Jason and our 2

fur babies. We have 3 children and 2 grandchildren and are blessed that our children still reside in the Centre County area. This allows us frequent visits with our precious grandchildren. Aside from that, we enjoy ATV rides and spending as much time as possible in the mountains surrounding our home. I have always felt a deep passion to serve seniors and started this journey as a volunteer at a retirement community, while attending Penn State University. After graduating from PSU, I had the pleasure of overseeing a CCRC for 16+ years and serving seniors for over 25 years. It is an honor to part of The Village at Penn State and I look forward to many more with The Village family!

RECYCLING ROUNDUP



BUILDING RECYCLING MOUNTAINS – 2021 vs. 2020

In 2020, VPS residents and the maintenance, food service and housekeeping staffs built, figuratively speaking, *Mt. Recycle I* by enthusiastically recycling paper/paper board/shredded paper; corrugated cardboard; metal cans and foil; glass and plastic bottles, jugs and jars; and junk/first class mail. How'd you do?

2020 - Weight of Recyclables – 37,555lbs.

Based on the 2020 figure, the VPS Recycling Committee determined that we'd build an even bigger mountain, *Mt. Recycle II*, in 2021. Goal: 40,000lbs. (20 tons.) How'd you do?

**2021 – Weight of Recyclables – 40,420lbs.
Congratulations. You exceeded our goal!**

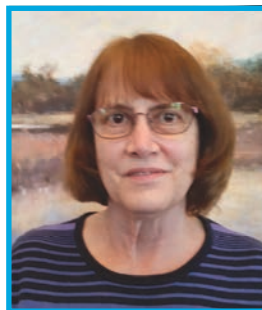
It's March, 2022! Shake off the icicles; get back in the recycling groove, meaning take the time to routinely carry your RINSED CLEAN recyclables to the Trash/Recycling rooms in the apartment buildings. And for cottage residents, recycling is a piece of cake. Just place your recyclables in a red bin and sit it on your curb each Wednesday morning for pick up.

I leave you with this message: A pound recycled is a pound less in trash. It costs money to dump trash in a landfill. Recyclables are sold to generate an income for the county's recycling operation. Recycling makes sense.

Jim T.
*Chairman and Doctor (RD),
The Village Recycling Committee*

MEET YOUR NEIGHBORS

Here are some of your
new neighbors.



Nancy H.



Terry and Nancy S.



Jim and Nancy M.



Tanis B.

First Snowfall

The snow is gently falling
And silence fills the air
The cars are nearly covered
And snow drifts here and there

The driveways all have disappeared
Sidewalks gone as well
But on these Winter problems
I no longer dwell

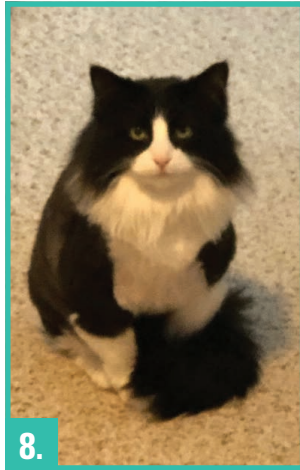
We gave away the shovels
And sold the blower, too
'Cause we moved to The Village
Now we just enjoy the view!

(Written and submitted by Madeline S.)

NATIONAL PET DAY (CONT.)



7.



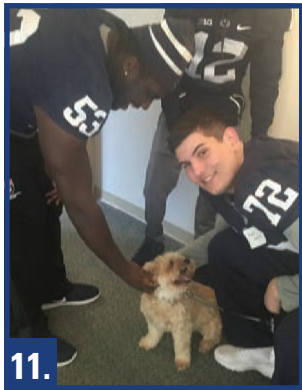
8.



9.



10.



11.



12.



14.



15.



16.



17.

7. Corazon (Cora) Koval will be 10 in April. Granddog of Bev Kiehl and owners are Shari and Mike K. She is an American (Carolina) Dingo-German Shepherd Mix (a rescue from NC) who loves to visit her friends at The Village.

8. Kitty, owners Pat and Frank D.

9. This is Amber our darling astray doggie from a shelter in North Carolina. She is a Cairn Terrier, maybe a mixer with a Yorkshire Terrier as her fur is not the way it should be, too silky! She is a real

Cairn in behavior!!! I love Polly-Anne but... Roland is my big love and Polly-Anne what should I say??? I need her for everything ... so you name it! I am????? 14/15 years old! I live about 10 years with Roland and Polly-Anne maybe 11.

10. Matsi (named after a wolf), belonged to Helen and Lowell M., Matsi went with Helen to read in the Atrium.

11. Sammy, beloved dog of owner, Dee Vogelsong. Hard to say who is the fan and who the star!

12. Trooper Dietz, 4 year old boxer mix, rules Rosalie and Roger D.

13. Kay S's collage of her pets through the years.

14. Theo, both my pets are rescues.

15. Hexi age 14 1/2, beagle/dachshund.

16. Leo is 8 years old, owner Carol and Gene W.

17. Don A. carved this mule. It's name is Old Coaly (Don's pet contribution). He is the mule that hauled limestone blocks to use in building Old Main.

CULINARY CORNER

By the time this article is in print we should be enjoying the much anticipated return of spring. With the arrival of warmer weather I start to think of outside cooking. All sorts of items can be enhanced by cooking on a grill/smoker. Although the image of a sizzling, thick steak comes to mind there are a wide variety of meatless options to explore. Great flavor and healthy, what more could you ask for.



Almost all fresh vegetables lend themselves to the quick cooking of the grill. Some of my favorites include, roma tomatoes, seasonal asparagus, onions, zucchini and yellow squash. The list goes on. Simply cut vegetables into smaller, grillable pieces. Lightly rub with olive oil, kosher salt and coarse black pepper. I feel that simplicity works best – let the flavor of the vegetable be the focus.

Another non meat grilling item I enjoy is pizza. Yes pizza on a grill! The internet is loaded with how to videos, recipes, and topping suggestions. Check out Epicurious.com, Al Forno's grilled Margherita pizza. There is a video and recipe. I worked at this very restaurant while I was attending culinary school. The end result is amazing and worth the effort. A side note, you can easily purchase prepared fresh pizza dough from almost any local pizza shop, call ahead to order.

Good luck with your spring/summer grilling adventures. Enjoy the weather and seasonal foods!

Matt Lambert
Executive Chef, The Village at Penn State

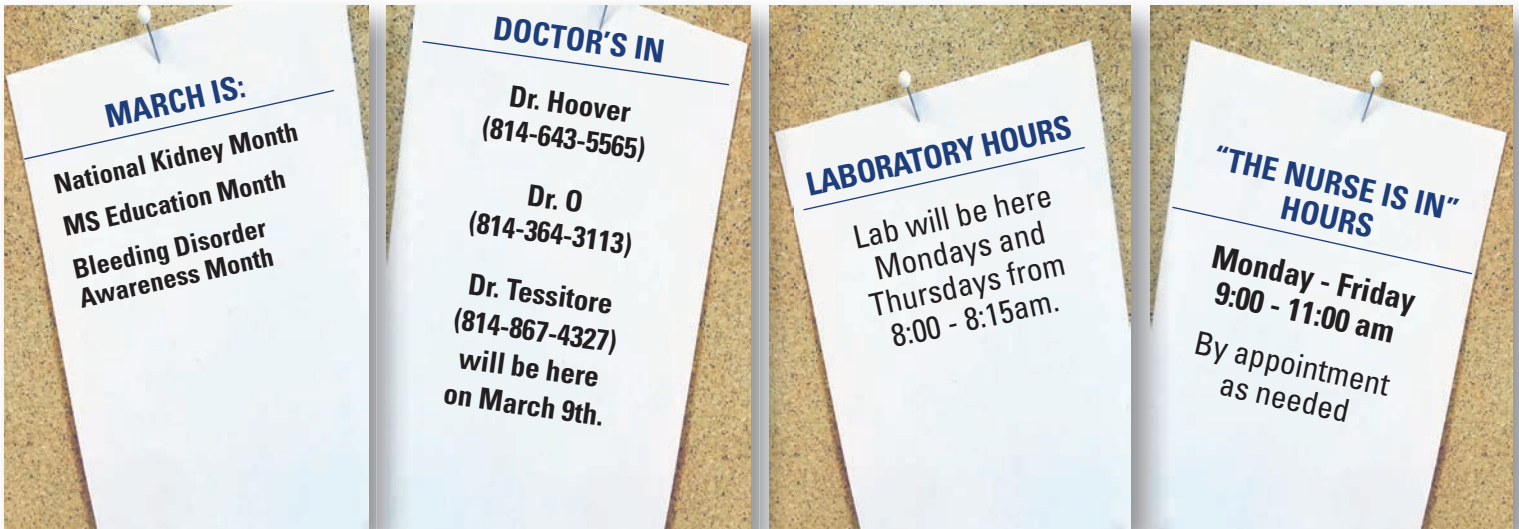
GROUNDHOG DAY

Punxsutawney Phil saw his shadow, which means 6 more weeks of winter! Judy H. is from Punxsutawney and celebrates Groundhog Day every February 2nd. She made these groundhog cupcakes and delivered them dressed as a groundhog.



KEEP THE CHANGE QUARTET SERENADED VPS RESIDENTS WITH LOVE SONGS 2/13





Podiatrist is coming on March 21st from 12:30-4:00pm.

LIBRARY COMMITTEE

The Village, the Library Committee and the residents would like to express their appreciation to Emma Jean C. for her years of service as chair of the Library Committee.

She worked diligently and faithfully to provide the residents with as much quality reading as possible and to keep the library so well organized. Going forward, Hazel France will fill the position of chair of the Library Committee.

WPSU recently gifted The Village with a 5-volume set of books, *The Letters of Ernest Hemingway*. Sandra Spanier, a professor of English at Penn State, is one of the co-editors of these volumes. Through letters to and from family and friends, the reader is given insight into Hemingway's life from his early childhood, 1907, through early adulthood, 1934.

These books are featured in the Village Library on 3 floor Commons, directly across from the elevator. Please take advantage of these most informative books on one of the great literary figures of the twentieth century.

INTERNATIONAL HAIKU POETRY DAY

Sunday, April 17th is International Haiku poetry day. Write a haiku poem and it will be published in the April newsletter. Send your haiku's to kmcginnis@villageatpennstate.org or let them in her folder at the front desk. Be creative and join the fun!

How do you write a haiku poem?

It is the 5-7-5 structure, where:

1. The entire poem consists of just three lines, with 17 syllables in total.
2. The first line is 5 syllables.
3. The second line is 7 syllables.
4. The third line is 5 syllables.

Example:

In the twilight rain
these brilliant-hued hibiscus -
A lovely sunset.
~Matsuo Basho

ATRIUM NEWS

The residents at the Atrium and Personal Care have been keeping themselves busy throughout the winter months from exercise programs to social parties to pet visits, there is always something new and exciting happening!

FITNESS & PET VISITS



SOCIAL PARTIES

