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## FAMILY PHOTOGRAPHS



1.



2.



3a.



3b.



4a.



4b.

**1.** Cousins at Church - Some of Tim and Beth M.'s family. **From Left to Right...** In the back row are Patrick T., Kevin C., Graham J., Erin J. In the front row are Andrew G., Colleen M., Carey M., Sarah G. and Emily G. The picture was taken outside a Church in San Francisco where another niece had just gotten married in June 2009.

**2.** Family gathering for Rosalie's birthday...3 daughters, 3 son in-laws, 5 grandchildren, sister, brother in law, niece and Roger and I.

**3.** Suzanne K.'s grandson Benny meeting Ruby, his new pandemic puppy for the first time. To me it just represents joy. The second photo represents sisterhood. Suzanne K.'s granddaughters Cassidy S. and Rosalie Magnolia K.. They are celebrating Cassidy's senior prom after spending her senior year of high school mostly in lockdown during 2020.

**4a & b.** Soon R. in Native dress.

Continued on page 5...



# First in Class!

## The Village

AT PENN STATE



## RAINFALL/ SNOWFALL AT THE VILLAGE

by Marion D.

### SNOWFALL

1.60	April 18
-	21
-	26
-	May 1
-	4
-	6-7
-	15-16

### RAIN

-
0.10
0.20
0.50
0.55
2.55
1.10

Measurements in Inches

## Poetry Corner

\*Everyone is welcome to the  
Poetry Group the  
3rd Wednesday of every month  
at 3pm in the Lions Den \*

### MY HOBBY

When you spit from the twenty-sixth floor,  
And it floats on the breeze to the ground,  
Does it fall upon hats  
Or on white Persian cats  
Or on heads, with a pitty-pat sound?  
I used to think life was a bore.  
But I don't feel that way anymore.  
As I count up the hits.  
And I smile as I sit,  
As I spit from the twenty-sixth floor.

~Shel Silverstein

Submitted by Dee V.





## MEET CHRIS DAVIS!



**Hi, I'm Chris, a driver at The Village!** I was born and am proud to be from West Virginia. This year Chris will celebrate 25 years of marriage with his wife, Greta. He has two beautiful and

uniquely gifted children, Kristen-30 and Ashleigh-23 .

Chris was blessed with many educational accomplishments including degrees with achievements in Sociology-Human Services, Political Science, Psychology, Public Administration, Jurisprudence, and Divinity. He served for over ten years as a general practicing attorney in West Virginia working with corporations, not-for-profits, churches, and individuals with court systems from the United States Supreme Court to municipal traffic courts across West Virginia.

In 2008 "PC" was lead to "simplify" his life by leaving the practice of law and answer the call to ministry. In September 2014, Chris was called to serve the Liberty Baptist Church of Blanchard as their full-time pastor and moved his family to Pennsylvania. PC enjoys driving as a form of relaxation. While serving The Village he also drives a morning and afternoon school bus run for the Bellefonte Area School District.

## THE ED VIEW



Alzheimer's and Brain Awareness Month is observed in June as an opportunity to spread the word about and discuss Alzheimer's disease and other dementias. Throughout the month, the Alzheimer's Association encourages people around the globe to support the movement by wearing purple and training their brains to fight the disease.

President Ronald Reagan initiated the observance of Alzheimer's and Brain Awareness Month in 1983 to raise awareness about Alzheimer's and get people involved in the recognition of the diseases as well as the types of care required by someone suffering from it.

The American Alzheimer's Association, chose purple as the signature color, combining the calm stability of blue and the passionate energy of red. Purple makes a statement about the Alzheimer's Association and its supporters. Purple a popular color for bedrooms since it causes the body to produce the calming hormone melatonin, resulting in more peaceful sleep --an aid for dementia patients as well as their caregivers.

### What is difference between Alzheimer's and dementia?

While dementia is a general term, Alzheimer's disease is a specific brain disease. It is marked by symptoms of dementia that gradually get worse over time. Alzheimer's disease first affects the part of the brain associated with learning, so early symptoms often include changes in memory, thinking and reasoning skills.

*(Information courtesy of the Alzheimer's Association)*

Ellen Corbin  
Executive Director,  
The Village at Penn State





# RECYCLING ROUNDUP

## TIME FOR A DECONFUSER ON PLASTICS

Over the past two months, members of the Recycling Committee, who handle the recycling of miscellaneous plastics deposited in the recycling rooms, have noticed an increase of non-recyclable items, especially plastic, being mixed with miscellaneous plastics in the recycling bins, and also with other recyclable items. “What are you talking about?” you ask. “Miscellaneous plastics, recyclable plastics and non-recyclable plastics, aren’t all plastics recyclable?” No ho ho ho! This tells me it’s time for a deconfuser message on plastic materials that should be trashed, not recycled. Many look like they are recyclable, but they are not; they should be T-R-A-S-H-E-D.

### COMMON CULPRITS

- Black plastic plates, cutlery & food boxes
- Plastic mugs, glasses & cups
- Plastic and paper coffee, tea, soup and soda cups & lids
- Plastic flower pots
- Plastic bags - chip, dried fruit, juice & soup
- Plastic straws
- Plastic film
- Styrofoam (It’s plastic!)

The above items are not acceptable in the Centre County Recycling & Refuse Authority’s

recycling system. “Well, what kind of plastic is?” you ask. Answer: plastic bottles, jugs and jars,

including large jugs of clothes washing liquid. Also, plastic bags used by retailers.

Still confused? Please contact me with any questions about recycling. I will respond...enthusiastically.

Jim T.  
*Chairman and Doctor (RD),  
The Village Recycling Committee*

## MEET YOUR NEW NEIGHBORS!



Patricia D.



Jan M.



Cindy P.





# FAMILY PHOTOGRAPHS (CONT.)



5.



6.



7a.



7b.



8.



9.



10.



11.

**5.** Terry and Nancy S's family at the beach! Left to right is Daniela, Nathaly, Lindsey, Brad, Avery, Ashley, Jeff, Lori, Arden, Nancy, Terry and Abby.

**6.** Jim and Alice W's family at their 50th Wedding Anniversary. Row 1: L-R Daughter Cindy W., Granddaughter Rachel W., Son-in-law Eric B., Alice W., Daughter Debbie S., Granddaughter Kristen S., Son-in-law Albert S.

Row 2: L-R Grandson Crist W., Grandson Tim W., Daughter Merrie B., Jim W., Grandson Luke S., Grandson Ted S.

**7.** A. Grand nephew Declan S. turning 16 in June. Oh how he has grown. Recent visit to Bradford, Pa. B. Grandnephew Declan with Dad Troy (nephew) and Mom Melissa and aunt Trudy. It was a great day being together again with family.

**8.** Hope and Ron C. with their sons.

**9.** Nancy T. with post graduate granddaughter, Mary T.

**10.** Gene, Seth & Carol W.

**11.** Nancy M. on the right, age 5 and her sister, Gloria, age 7.



## CULINARY CORNER

The unique thing about choosing the culinary arts as a career is that you will be frequently asked chef related questions in all sorts of social settings. People seem to be naturally curious about cooking techniques and styles. That probably explains the vast number and variety of cooking shows on TV.

With the influx of new residents The Village has experienced recently I would like to reveal a little about my culinary journey.

Here's a few questions that have I have been asked and my responses.

1. What is your favorite dish? Easily the most frequently asked query. Perfectly seasoned and roasted chicken. I enjoy the simplicity of a well-executed and properly prepared item.
2. Why did you choose a chef as a career path? Second most common question. Quite by accident! I started cooking in professional kitchens simply as a way to help pay for college. After a couple of years I realized that I really enjoyed the wide variety of techniques and procedures one had to learn and master. I also truly enjoyed the team work required to operate a professional kitchen.
3. Did you attend culinary school, if so where?  
I graduated from Johnson & Wales University (Providence Ri.) in Culinary arts and Baking and pastry Arts.
4. What are some must have pantry items?  
Coarse kosher salt, fresh garlic, assorted fresh herbs, and quality stock (beef, chicken).
5. Must have kitchen tools? Good basic cutlery, sharp vegetable peeler, quality pots and pans
6. Best dining experience? This one is easy. My first experience eating authentic Chicago deep dish pizza, a life changing experience. Giordano's rocks.
7. What motivates you at work, every day?  
I attack every work day with the mind set to exceed customer expectations. Seems to work well for me.
8. What is your least favorite restaurant item?  
Improperly prepared/cooked calamari. There's a couple of ways to do it right and thousands of ways to screw it up. Prepared correctly = delicious!
9. What is your cooking style/philosophy? Don't become boring, always seek out new techniques, ingredients, and ethnic flavors.
10. What well known chefs influenced you?  
Julia Child (would watch her on PBS with my mom), Jacques Papin, Anthony Bourdain, and Alton Brown.

I hope this gives some insight on what motivates a professional chef. Eat well!

Matt Lambert  
Executive Chef, The Village at Penn State

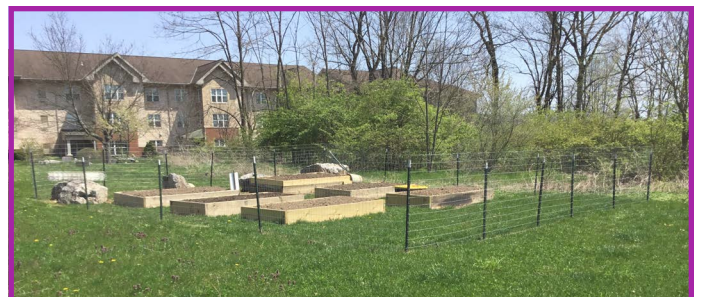
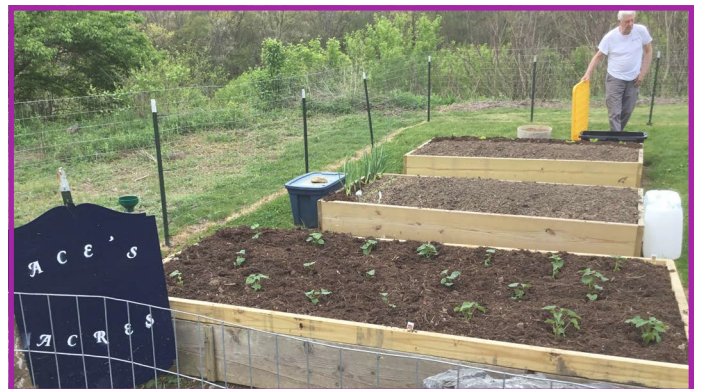
## SPRING AT THE VILLAGE



*Submitted by Judy S.*

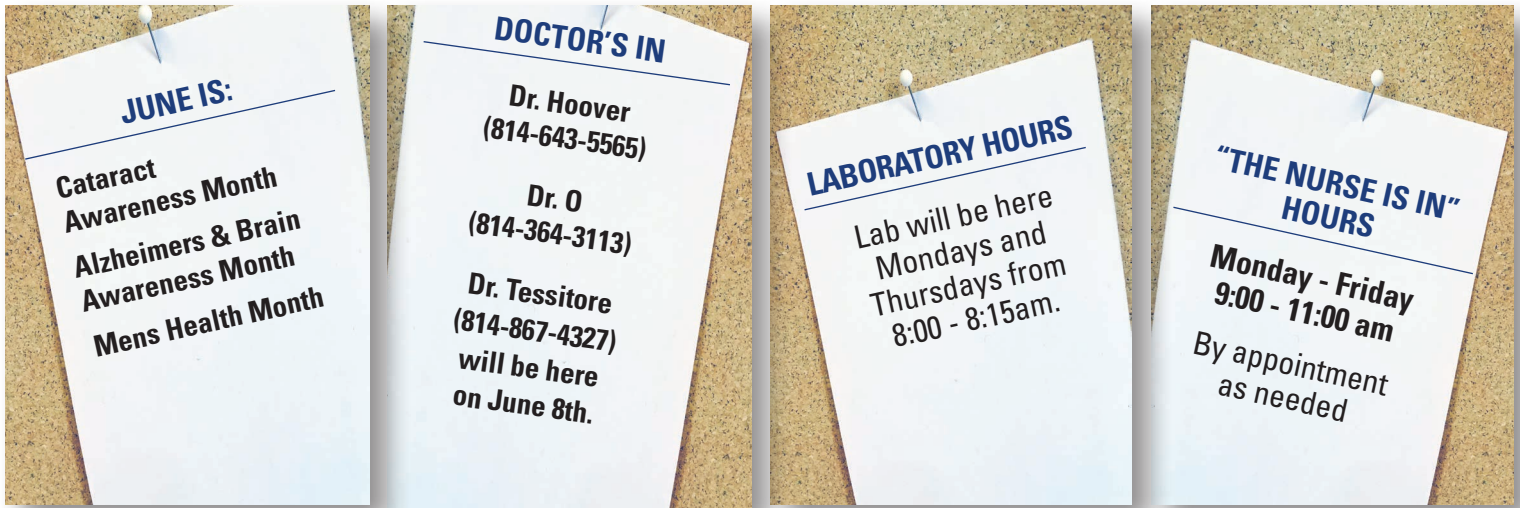
## RAISED GARDEN AREA

The raised gardens that several residents are managing to raise veggies and some flowers.



*Submitted by Don A.*





**Podiatrist is coming on June 6th & 20th from 12:30-4:00pm.**

**Reminder to notify Wellness with any new Covid Boosters and any vaccines so your record can be kept up to date.**

## CELEBRATING THE KENTUCKY DERBY!

The ladies at the Atrium and Personal Care made custom Derby hats for the Kentucky Derby!





# HAPPY NATIONAL CRAFT BEER DAY FROM THE ATRIUM AND PC!

The residents celebrated National Craft Beer day in the courtyard drinking their favorite hand crafted beers and ciders!



## HAPPY MOTHERS DAY FROM YOUR FRIENDS AT THE VILLAGE!

Our friend Annette made heart shaped pins for all of the mothers here at the Atrium and PC, and then our friends at the Atrium decorated them uniquely with assorted buttons! What a great Mother's Day gift!

