The Village AT PENN STATE

News & Views

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CELEBRATION OF THE 75TH HOPE C.'S ERSARY OF RECITAL IRST PIANO

Hope shared the memories along the way since then in a personal and touching performance.





















JULY 2022





	AT	RAINFALL/ SNOWFALL THE VILLAGE
1	2	by Marion D.
SNOWFALL		RAIN
	May	
-	19	0.15
-	21	0.25
-	27	0.35
	June	
-	2	0.10
-	7	0.50
-	9	0.55
-	13	0.25
Measu	rements i	n Inches

Poetry Corner

*Everyone is welcome to the Poetry Group the 3rd Wednesday of every month at 3pm in the Lions Den *

A BRIGHT SUNNY MORNING TO GREET ME IN PALMER PARK

The Duck by Ogden Nash

Behold the duck. It does not cluck. A cluck it lacks. It quacks. It is specially fond Of a puddle or pond. When it dines or sups, It bottoms ups.



Submitted by Don A.



MEET TAMMY FEAGLEY!



Hi! I am Tammy Feagley. I have been a Certified Nursing Assistant for 30 years and have only worked at 2 facilities. I have worked here at the Atrium, on dayshift, for 17 years.

I live in Huntingdon. I have a daughter and 3 step children with a total of 12 grandchildren. We love spending time with the kids and grandkids and are currently in the middle of ball season, 8 out of the 12 grandkids play! I also enjoy walking, reading, spending time with my husband, and taking road trips.

I love working at The Village because everyone has a story and I love hearing about them! I have enjoyed residents, families, and other staff members. One of the favorite parts of my job is when I get to orient new staff! With that being said, I look forward to retiring within the year! I will miss everyone, but with being a caregiver for 30 years, I look forward to my time off.

THE ED VIEW



When a flashlight grows dim or quits working, do you just throw it away? Of course not. You change the batteries.

> When a person messes up or finds themselves in a dark place, do you cast them aside? Of course not! You help them change their batteries.

Some need AA...attention and affection; Some need AAA...attention, affection, and acceptance; some need C...compassion; some need D...direction. And if they still don't seem to shine...simply sit with them quietly and share your light.

(Shared from Mindful)



Ellen Corbin Executive Director, The Village at Penn State

RECYCLING ROUNDUP

THE EMERALD AWARD

In April, The Village at Penn State Recycling Committee was honored with an Emerald Award from Centre County Recycling & Refuse Authority. This is a special award given to Green Business (Recycling) Partners of the Authority that have gone above and beyond the basic criteria for a designated businessrecycling program.

Here are our "above and beyond" activities created and executed during the 2020-2021 years for which we received the Emerald Award.

Collect a full (not limited) list of recyclables – mixed paper; corrugated cardboard; plastic bottles, jugs and jars; mixed plastic containers; aluminum and bi-metal cans; aluminum foil; green, brown, blue and clear glass containers; and plastic bags. Use reusable (washable) food containers for take-out meals. Visit new residents to explain the recycling procedure in The Village.

Created a cabinet poster for each resident listing both recyclable items and those that are trash. Write a monthly column for the Village newsletter. Provide updates at Resident Council meetings. Take residents' unwanted metal and electronics to the CC Recycling Centre.

Recycle unwanted eyeglasses through the Lions Club. Respond to a myriad of residents' inquiries about recycling. Organize and manage the four VPS apartment recycling rooms. Increased recycling tonnage by 66% over the past five years.

We are very grateful to residents and staff who have responded to the Recycling Committee's unbridled enthusiasm for recycling. In reality, the Emerald Award is yours! Thank you.

> Jim T. Chairman and Doctor (RD), The Village Recycling Committee

MEET YOUR NEW NEIGHBORS!





Geoffrey G.

Martie S.



Bob and Becky N.



PAINTING POTTERY

Residents enjoy painting pottery with Kelly Cummins of 2000 degrees pottery studio (and granddaughter of Nancy Twichell).













ESTERN TH ETE WITH PA R D Η Н **ER SPURS** \mathbf{T} E 5 DANCERS þ

























Here we are in the middle of summer. The long, hot days will bring local fresh corn to market. Fresh picked corn on the cob can be so much more versatile than just being rubbed with butter. Here's a list of 10 creative ideas to add some variety to a summer time favorite.



Beyond this list check out the internet for a seemingly endless source of ideas.

This is just a listing of inspirational ideas. Best of luck experimenting!

- 1. Char grilled corn on the cob with cilantro lime butter
- 2. Corn basted with sriracha aioli
- 3. Boiled cob with roasted garlic herb butter
- 4. Bacon wrapped grilled corn on the cob
- 5. Chili lime infused Mexican street corn
- 6. Parmesan cheese & black pepper dusted corn
- 7. Seared corn with Asian 5 spice rub
- 8. Pesto smeared cob
- 9. Maryland old bay grilled corn
- 10. Buttery horseradish infused corn on the cob

Summer time passes way to quickly, get out and fire up the grill while you can. Enjoy!

Matt Lambert *Executive Chef, The Village at Penn State*

WALKING TACO TUESDAY

Changing lives one taco at a time.











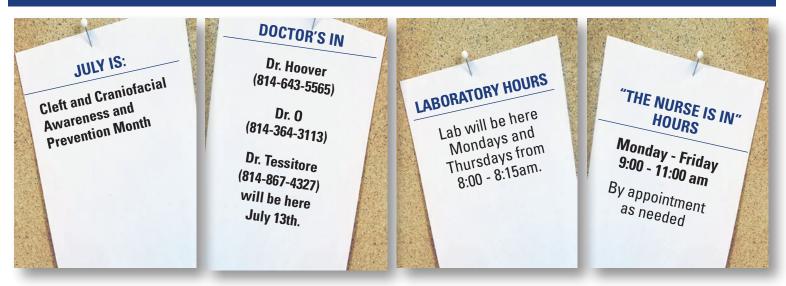








JULY 2022



The Podiatrist will <u>not</u> be at The Village in July. Reminder to notify Wellness with any new Covid Boosters and any vaccines so your record can be kept up to date.

NEWCOMERS BOOK GROUP

A Newcomers Book Group will begin on Monday, July 25th in the Lions Den at 2:00pm.

Membership will consist of who have moved to The Village since 2020. The residents who come will organize their own book club as to the selection of books, manner of presentation, subsequent dates and times of meeting. Nancy Wolf will host the first meeting. In order to provide interaction among the members of the group it will be limited to the first 10 people who sign up.

WEST 5TH FLOOR MEMORIAL DAY TRIBUTE





Submitted by Nancy W.

ATRIUM NEWS

PADGETT'S PERFORMANCE

Thank you to the Padgett's for their wonderful performance for our Personal Care unit! We loved hearing all of our old-time favorites!







CRAFTING BIRD HOUSES

The residents at the Atrium and Personal Care have been busy at work doing arts crafts the past few weeks! A personal favorite of the residents was decorating bird houses for the courtyards!

