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5th of July Picnic
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CELEBRATING LIFE

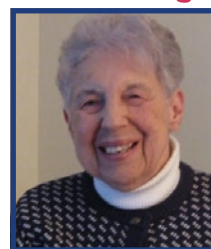
Residents who passed away from July 2021 through May 2022.

A special thank you to Jackie H., Celebrant for organizing a memorable and touching ceremony. Nancy W. for her assistance. Hope C. for playing piano. Paul J. for reading the names. To all residents in attendance for helping to celebrate the lives of those gone before us.

"I'll be seeing you
In all the old familiar places
That this heart of mine embraces
All day through."

~ Billie Holiday, *I'll Be Seeing You*

August 2021

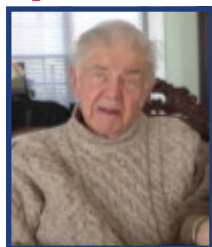


Carolyn R.



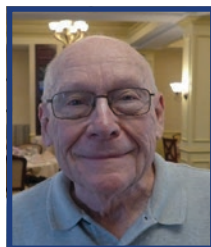
Augusta K.

September 2021

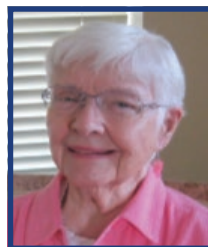


John M.

October 2021

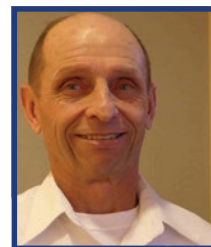


Percy P.



Helen B.

November 2021



Russ S.

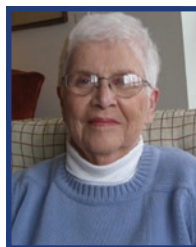
January 2022



Creigh S.



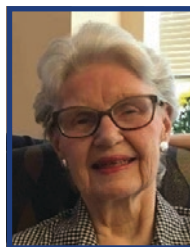
Emma C.



Peg M.

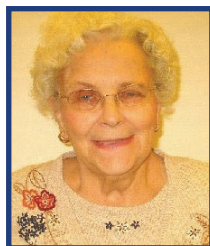


Charles B.



Jean S.

February 2022



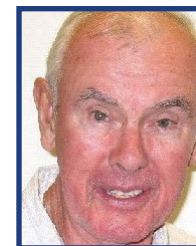
Ann M.



Len F.



Jean F.



Tom W.



Emily M.

March 2022

May 2022

First in Class!

The Village

AT PENN STATE



RAINFALL/ SNOWFALL AT THE VILLAGE

by Marion D.

SNOWFALL

RAIN

	June	
-	17	0.20
-	21	0.20
-	22-23	0.80
	July	
-	17	0.40

Measurements in Inches

Poetry Corner

*Everyone is welcome to the
Poetry Group the
3rd Wednesday of every month
at 3pm in the Lions Den *

A Grammar of Love

I met a noun,
introduced by a comma, and
We verbed across the dance floor.

I love you, noun, I said.
Let's get married
and have a couple of objects.

Now our objects are out on their own,
but we sit and enjoy prepositions
running all through the house.

And I still love my noun,
and we still like to verb
and dance when we get a chance.

~Joe Linker
(Submitted by Helen M.)

POOL GROUP WITH THEIR NEW MCDONALD'S ARCH NOODLES



Submitted by Lindsey Z.

CAMPUS WALKING TOUR



Carol and Steve G. took residents on a guided walk of the PSU campus, lunch at a dorm and this photo as a memory of their wonderful day!

MEET TIFFANY DAYTON!



Hi! My name is Tiffany Dayton. I am the LPN / Unit Manager for the Personal Care building at The Village at Penn State campus. I have been with The Village for almost 3 years in this

position. I live in Snow Shoe PA with my 3 adult children close by. I worked as a nurse aide for 15+ years in long term care at the county nursing home. I attended Clearfield county Career and Technology in 2013 -2014 attending the LPN program. I changed my career path from long term care to personal care in 2018. In April of 2019 I attended Penn State DuBois campus, seeking and obtaining my Administrators license for personal care. Our team of staff at The Village personal care are a team of the most caring, knowledgeable and reliable staff I have ever had the pleasure to supervise. Our residents are exceptional as well and we are proud to be a part of The Village community.

THE ED VIEW



National Senior Citizens Day recognizes seniors who have spent their lives contributing to society and have impacted everyone's lives for the better. Improved healthcare has changed demographics and increased productivity of older citizens, allowing them to be more active than ever before. With more opportunities available as well, many senior citizens now begin second careers and are an example for younger generations.

On August 19, 1988, President Ronald Reagan issued proclamation number 5847 declaring August 21 as National Senior Citizen's Day. In this proclamation, President Reagan says "For all they have achieved throughout life and for all they continue to accomplish, we owe older citizens our thanks and a heartfelt salute". Reagan thought it important to have a day to celebrate the achievements of Senior Citizens and thank them for all the support they give to society and their communities.

Happy Senior Citizens Day to all the residents at The Village at Penn State!

Ellen Corbin
*Executive Director,
The Village at Penn State*



RECYCLING ROUNDUP

CENTRE COUNTY SELLS ALL ITS RECYCLEABLES

If you think recyclables just end up in landfills, look at what Centre County does with our recyclables. These pictures show the bales of recyclables that are sold to companies that put them to good use. The baling machine was a \$450,000 investment. Each bail is 5' long, 40" wide and 30" high and weights up to 1100 pounds.



Bales of corrugated cardboard are popular items among buyers. Help by breaking down your boxes. Out time is cheap but theirs is not. Mixed paper is baled separately. This includes cereal boxes, newspapers, magazines, envelopes, and letters.

Bailed plastic used to make plastic lumber. Please rinse before recycling them.



All glass bottles end up at the Owens-Brockway plant in Brockway, PA. where the bottles are sorted, ground, and converted into new glass bottles and jars. The glass pictured next is on a conveyor belt waiting to be picked up cans are bailed separately. A giant magnet pulls steel cans from aluminum cans (pictured below).

Centre County is unique for its preparation of recyclables. Ours do not end up in landfills. Help out the County by giving them everything you have to work with. Their warehouse full of bales turns over often.



John S.
*The Village
Recycling Committee*

MEET YOUR NEW NEIGHBORS!



Jim and Barbara P.

3RD WEST WAS IN THE HOLIDAY SPIRIT!



MEET AND GREET

Another full house at the July Meet and Greet. Betsy Taylor hosted it, Madeline Searle wrote and entertained residents by reading her poem about navigating The Village. All new residents have interesting stories.

Poem written by Madeline Searle who started off the event by reading her poem “Navigating The Village at Penn State”.



Betsy T., hostess



Bob & Becky N.



Geoffrey G.



James & Barb P.



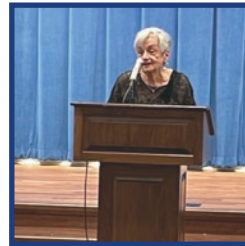
Jan M.



Lee H.



Madeline S., poet



Martie St.



Sara H.



Navigating The Village at Penn State (Or, Where the Hell am I?)

We live on West 2 Level 3, the number's beside the door
But looking out our window, we're on the SECOND floor.
Yet when we stroll just down the hall and glance outside that door
I shake my head, bewildered, we're now on the GROUND floor.

And if I feel adventurous, with nothing else to do
I grab hold of my Passport and head over to East 2
Blue Awning, through East 1 to 2 - just how hard can it be
To navigate some hallways from Point A to Point B?

But, ah, I had forgotten, if the truth be told,
That traveling down the halls to East is down the rabbit hole.
If, in fact, you want to go to East 2, and go UP,
You FIRST must take Elevator One, but then go DOWN, not up.

And THEN find Elevator 2, and NOW you may ascend
To find the upper floor you seek – It's hard to comprehend.
Why did they tax our brains so much, those architects who drew
The plans for this Development? But then, perhaps, they knew,

We need to keep our brains engaged and challenged every day.
Well, navigating thru the Village is certainly one way.
So, I'm left with just one question, and then I'll say no more.
Now, we've been her for over a year – SO, what the heck is an “O” Door??



CULINARY CORNER

The dog days of summer are well upon us. Nothing helps beat the heat more than a cool frozen dessert.

There is a large variety of frozen treats to choose from. What exactly constitutes a frozen dessert? Technically it is a dessert made by freezing flavored liquids, sometimes with solids added for texture. This month I will highlight and explain some of the more popular dishes you can enjoy on a hot August day.

Ice cream – easily the most popular variety. Ice cream is a dairy based dessert that contains between 10 – 16% butterfat. The high butterfat and air whipped into it gives that familiar smooth, creamy texture we all love

Frozen custard – a dairy based frozen dessert that also contains egg yolks for added richness. Less air is incorporated during freezing which creates a rich, dense creamy texture.

Gelato – think ice cream that is a little richer and denser. Often flavored with fruit purees

Frozen yogurt – a low fat alternative to traditional ice cream. A tangy flavor profile is to be expected.

Sorbet – a frozen dessert with no dairy at all. Just sugar, fruit puree, water. A smooth fine texture is the result of churning while freezing.

Granite – a crunchy frozen dessert made with sugar, water, flavoring liquid. Granita's have a crunchy texture due to large ice crystals that form during the freezing process.

Snow cones – shaved ice flavored with a syrup. A summer time classic!

Try one style or all while the heat of summer is here. Enjoy!

Matt Lambert
Executive Chef, The Village at Penn State

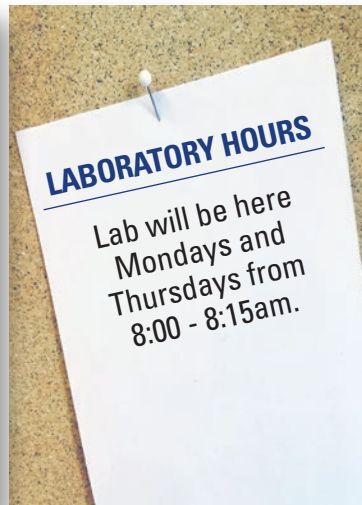
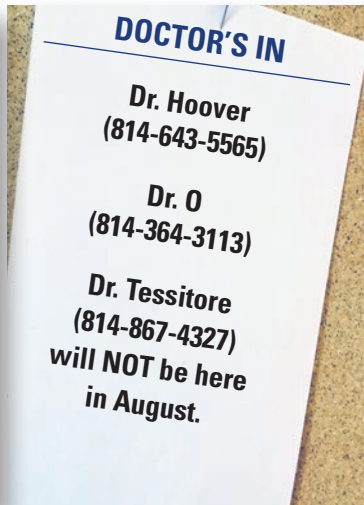


WILLIAMSPORT LUNCH & TOUR

Lunch at Le Jeune Chef and tours of some of the grand homes on Millionaires Row in Williamsport.



Submitted by
Cindy P. & Veda B.



The Podiatrist will be at The Village on August 8th & 22nd.

Reminder to notify Wellness with any new Covid Boosters and any vaccines so your record can be kept up to date.

MARY K.'S ASIAN LILLY IN FULL BLOOM



Submitted by Judy H.

ALL THE NANCY'S WHO LIVE AT VPS HAD LUNCH TOGETHER!



Submitted by Nancy W.

5TH OF JULY PICNIC

A special thank you to everyone that helped make our 5th of July Picnic a success! Not even the rain could keep us from celebrating the right way with hamburgers and hot dogs on the grill!



COMMUNITY OUTINGS TO MEYER'S DAIRY!

The residents at Personal Care and the Atrium enjoyed a bus ride through town and an outing to Meyer's Dairy! Everyone got their favorite ice cream and enjoyed a change of scenery outside The Village!



BOWLING TOURNAMENT

Bowling tournament with our friends at the Atrium and Personal Care!

